

An Unbelievable Value



Folded View



SOLE+ DATA EXPORTS TO



AND MORE

Performance-Driven. Comfort-Engineered.

The SOLE F63 Treadmill is the ultimate combination of smart training features, durable construction, and user-first design, perfect for home users who seek higher value on a budget. Powered by a robust 3.0 HP motor, the F63 hits speeds up to 12mph (18 kph) and climbs through 15 levels of incline, giving you the intensity and versatility to push past plateaus and hit your goals.

Designed for comfort and efficiency, the low-maintenance cushioned deck reduces joint impact while delivering a smooth, consistent running surface. The folding frame with soft drop assist makes it easy to save space without sacrificing stability.

Track your progress and stay engaged with 2 custom and 8 pre-programmed workouts, or sync your favourite apps via Bluetooth FTMS compatibility. Stream your content through Bluetooth 3.0 audio speakers, keep your device secure on the integrated tablet holder, and maintain charge with the built-in USB port, seamlessly combining entertainment and performance.

The SOLE F63 brings high-performance functionality and convenience into your home gym. Train smarter, harder, and more comfortably, every time.

F63 20" x 60" TREADMILL

- 3.0 HP motor for smooth, consistent power
- 12 mph (18 kph) top speed + 15 levels of incline
- 10 built-in workout programs for cardio and fat-burn training
- Cushioned, low-maintenance deck minimizes impact
- Folding frame with soft drop design for compact storage
- Bluetooth FTMS: Syncs with popular training apps
- Lifetime warranty on frame and motor

SOLE
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FOLDING TREADMILL

F63

Item #
16008300630

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- 1 Tablet Holder
- 2 6.5" LCD Display
- 3 Dual Waterbottle / Storage Holders
- 4 Contact Heart Rate Grips
- 5 Speed Rapid Keys
- 6 Incline Rapid Keys

- Dual Turbo Cooling Fans 7
- Bluetooth 3.0 Speaker 8
- USB Charging 9
- Reading Rack 10



F63 EQUIPMENT SPECIFICATIONS

Console	6.5" white backlit LCD screen, 14 rapid speed and incline buttons, USB charging, built-in tablet holder
Programs	10 programs: manual, hill, fat burn, cardio, strength, HIIT, user 1-2, heart rate control 1-2
Heart Rate	Dual contact heart rate grips, Bluetooth and 5kHz chest belt compatible (chest belt not included)
Speed / Incline	0.5 - 12 mph (1 - 18 kph) - increments of 0.1 / 0 - 15 levels - increments of 1
Handlebar Toggles	N/A
Drive Motor	3.0 horsepower motor
Deck	20" x 60" (51 x 152 cm) low-maintenance cushioned deck for comfort and folding convenience
Belt	Commercial-grade 2-ply belt
Rollers	Front: 2.4" (6.1cm) Rear: 1.8" (4.6 cm) tapered rollers
Frame	Hands-free 'soft drop' system, Heavy-gauge steel with durable powder coat paint
Bluetooth	Speakers, SOLE+ app, 3rd-party fitness apps
Dimensions	77" L x 35" W x 67" H, 231 lb (196 L x 89 W x 170 H cm, 105 kg)
Folded Dimensions	50" L x 35" W x 66" H (127 L x 89 W x 168 H cm)
Packaging	83" L x 31" W x 17" H, 259 lb (211 L x 78 W x 44 H cm, 118 kg)
Max User Weight	325 lb (150 kg)

WARRANTY INFORMATION

Residential Warranty: Frame / Motor: Lifetime, Deck: 2 Years, Parts: 2 Years, Labour: 1 Year

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