

Comfortable and Effective



SOLE+ DATA EXPORTS TO



AND MORE!

Comfort-Focused Design. Connected Fitness. Long-Term Performance.

Take your low-impact training to the next level with the SOLE R92 Recumbent Bike. A premium recumbent model designed for performance, joint protection, and total comfort. With its intuitive setup, adjustable ergonomic features, and smart connectivity, the R92 is the ideal solution for users seeking an effective and pain-free cardio experience at home. For performance-focused users, dual Bluetooth and 5kHz compatibility deliver expanded heart monitoring capabilities through effortless pairing with compatible chest straps and a wide range of third-party monitoring devices.

Stay engaged with the vibrant 9" backlit LCD display, giving you quick access to 8 pre-set programs and 2 custom user profiles. Whether you're targeting fat loss, cardio health, or steady endurance, this console keeps your progress in view and your motivation high.

The R92 has a 20 lb (9 kg) flywheel delivers smooth, whisper-quiet resistance through 20 magnetic levels, offering a challenge that grows with your fitness. Stream your favourite content or training apps with ease via Bluetooth 3.0 speakers, a built-in tablet holder, and a USB charging port to keep your smart devices powered.

Comfort is king with the R92. The adjustable, padded seat offers 14 fore/aft positions, and the ergonomic mesh backrest supports ideal posture for longer rides. The oversized, articulating foot pedals feature a 2° inward slope, promoting natural alignment to reduce strain on knees and ankles, ideal for those with joint sensitivity or past injuries.

Rated for users up to 300 lb (136 kg) and backed by a lifetime frame warranty, the SOLE R92 is built to deliver consistent performance and comfort for the long haul.

R92 RECUMBENT BIKE

- 9" white backlit LCD display with integrated tablet holder and USB charging port
- 20 lb (9 kg) flywheel plus 20 levels of magnetic resistance and for adjustable training intensity
- Hand pulse sensors, Bluetooth and 5 kHz HR monitor compatible (chest belt sold separately)
- 10 built-in workouts including hill, fat burn, HIIT, 2 user, and 2 heart rate control and more!
- Bluetooth connectivity to SOLE+ and compatible third-party fitness apps
- Oversized adjustable seat (fore/aft) with padded vinyl backrest
- Lifetime warranty on frame

SOLE
FITNESS

RECUMBENT BIKE

R92

Item #
16208380920

- 1 Phone & Tablet Holder
- 2 9" White LCD Display
- 3 Cooling Fan
- 4 Resistance Level
- 5 USB Charging
- 6 Multi-Position Grips

- Bluetooth 3.0 Speaker 7
- Program Keys 8
- Reading Rack 9



R92 EQUIPMENT SPECIFICATIONS

Console	9" white backlit LCD screen, multi-grip handlebars, USB charging, reading rack, built-in tablet holder
Display Feedback	Time, distance, calories, pulse, speed / RPM, level, laps, heart rate percent graph, watts
Programs	10 programs: manual, hill, fat burn, cardio, strength, HIIT, user 1-2, heart rate control 1-2
Power	Plug-in
Heart Rate	Dual contact heart rate grips, Bluetooth and 5kHz chest belt compatible (chest belt not included)
Resistance Levels	20 levels magnetic, single way
Flywheel	20 lb (9 kg)
Seat	Large cushioned, with padded black vinyl backrest
Seat Adjustment	Fore/aft - 14 positions
Pedals	Oversized, articulating, self balancing, 2° inward slope with adjustable straps
Bluetooth	Speakers, SOLE+ app. 3rd-party fitness apps
Dimensions	56" L x 29" W x 60" H, 131 lb (142 L x 75 W x 152 H cm, 60 kg)
Packaging	57" L x 18" W x 31" H, 144 lb (145 L x 46 W x 78 H cm, 66 kg)
Max User Weight	300 lb (136 kg)

WARRANTY INFORMATION

Residential Warranty: Frame: Lifetime, Parts: 2 Years, Labour: 1 Year