Key to a Healthier You

SOLE + APP
COMPATIBLE

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SOLE+ DATA EXPORTS TO

AND MORE

Streamlined Performance. Total Connectivity. Full-Body Results.

Elevate your training with the SOLE E25 Elliptical, a performance-driven machine engineered for smooth motion, smart connectivity, and total-body conditioning. Stay dialed into your performance with Bluetooth and 5 kHz heart rate monitor compatibility while 8 pre-set and 2 custom user programs provide users with multiple workout options.

With a 7.5" white backlit LCD display, integrated tablet holder, Bluetooth speakers and USB charging port, the E25 keeps your entertainment and apps within reach throughout every session. Seamlessly connect via Bluetooth FTMS to the SOLE+ app or third-party platforms like Zwift and Kinomap for immersive, interactive training experiences.

Powered by a 20 lb (9 kg) flywheel and offering 20 levels of magnetic resistance and incline, the E25 delivers a smooth, fluid stride that challenges every muscle group. Engineered for bio-mechanical precision, it features a generous 20" (51 cm) stride length and oversized, articulating pedals with a 2° inward slope to reduce ankle and knee strain, ensuring comfort through extended sessions. Integrated resistance and incline controls built into the multi-grip handlebars allow for on-the-fly adjustments without breaking stride.

The SOLE E25 brings precision, comfort, and connectivity together, designed to support long-term results and keep you fully engaged from warm-up to cool down.

E35 20" ELLIPTICAL

- 7.5" white backlit LCD display with tablet holder & USB charging
- 20 lb (9 kg) flywheel plus 20 levels of magnetic resistance for adjustable training intensity
- Hand pulse sensors, Bluetooth and 5 kHz HR monitor compatible (chest belt sold separately)
- 2 custom and 8 pre-set workout programs targeting cardio, endurance, and fat burn
- Bluetooth connectivity to SOLE+ and compatible third-party fitness apps
- Direct resistance/incline toggles for instant adjustments
- 20" (51 cm) stride length for fluid, natural movement
- Lifetime warranty on frame and flywheel

20" ELLIPTICAL

E25

Item #
16608300250

SOLE FITNESS

Item # 16608300250

1. Phone & Tablet Holder
2. Contact Heart Rate Grips
3. 7.5" White LCD Display
4. Cooling Fan
5. Resistance Level
6. Incline Level
7. USB Charging
8. Bluetooth 3.0 Speaker
9. Program Keys
10. Reading Rack

E25 EQUIPMENT SPECIFICATIONS

Console	7.5" white backlit LCD screen, USB charging, built-in tablet holder
Programs	Manual, hill, fat burn, HIIT, cardio, strength, user 1-2, heart rate control 1-2
Heart Rate	Dual contact heart rate grips, Bluetooth and 5kHz chest belt compatible (chest belt not included)
Power	Plug-In
Resistance / Incline	20 levels, magnetic / 20 levels power incline
Handlebar Toggles	Integrated resistance and incline control buttons
Track System	Double rail, front drive system
Stride Length	20" (51 cm)
Flywheel	20 lb (9 kg), two-way
Handle Bars	Foam padded grip
Pedals	Oversized, articulating, 2° inward slope
Bluetooth	Speakers, SOLE+ app, 3rd-party fitness apps
Dimensions	70" L x 24" W x 70" H, 209 lb (177 L x 60 W x 177 H cm, 95 kg)
Packaging	66" L x 18" W × 34 H, 231 lb (168 L x 45 Wx 87H cm, 105 kg)
Max User Weight	350 lb (158 kg)

WARRANTY INFORMATION

Residential: Frame/Flywheel/Brake: Lifetime, Parts: 2 Years, Labour: 1 Year

SOLE FITNESS

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