

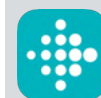
# Upgrade Your Fitness



10.1" Touchscreen



SOLE+ DATA EXPORTS TO



AND MORE!

Immersive Technology. Precision Engineering. Total-Body Power.

Step up your cardio training with the SOLE E35 Elliptical, designed for performance, comfort, and seamless smart integration. Featuring a vibrant 10.1" ENT touchscreen console, tablet holder, and wireless smartphone charging, the E35 transforms your workout into an immersive, connected experience. Use screen mirroring to stream your favourite content or training apps directly from your smartphone to the console for real-time motivation. Pump your playlist through integrated Bluetooth speakers, letting your soundtrack fuel your intensity.

Whether you're syncing with the SOLE+ app, Zwift, or other third-party platforms, Bluetooth connectivity keeps your fitness data on track. Monitor your heart rate using Bluetooth or 5 kHz compatible options, or track in real time using built-in hand pulse sensors.

The 25 lb (11 kg) flywheel, combined with 20 levels of magnetic resistance and incline, ensures every workout is smooth, quiet, and fully customizable, perfect for progressive training and total-body activation. The 20" (51 cm) stride length delivers a natural range of motion for all users, while the oversized articulating foot pedals with a 2° inward slope and 3 levels of angle adjustment, reduce joint stress and adapt to your gait for enhanced bio-mechanical alignment.

With 1 custom, 12 template, and 9 pre-set programs, the E35 gives you versatility in every session, whether you're targeting cardio endurance, weight loss, or active recovery. With tech-forward features, ergonomic design, and commercial-caliber build, the SOLE E35 delivers powerful performance that adapts to your every goal.

## **E35** 20" ELLIPTICAL

- 10.1" touchscreen console with pre-loaded fitness apps, fitness videos & screen mirroring
- 25 lb (11 kg) flywheel plus 20 levels of resistance and incline for adjustable training intensity
- Hand pulse sensors, Bluetooth and 5 kHz HR monitor compatible (chest belt sold separately)
- 22 built-in workouts including 1 custom, 12 templates, and 9 pre-set programs
- Bluetooth connectivity to SOLE+ and compatible third-party fitness apps
- Direct resistance/incline toggles for instant adjustments
- Wireless charging dock for smart devices
- Garmin wearable compatibility for enhanced performance metrics

**SOLE**  
FITNESS

20" ELLIPTICAL

**E35**

Item #  
16608300350

- 1 Phone & Tablet Holder
- 2 Contact Heart Rate Grips
- 3 10.1" ENT Touchscreen Display
- 4 Cooling Fan

- Resistance / Incline Level Controls 5
- Bluetooth Speakers 6
- Wireless Charging 7
- Reading Rack 8



## **E35** EQUIPMENT SPECIFICATIONS

|                      |                                                                                                                 |
|----------------------|-----------------------------------------------------------------------------------------------------------------|
| Console              | 10.1" touchscreen console, wireless charging, built-in tablet holder, Garmin wearable support*                  |
| Programs             | Manual, hill, fat burn, HIIT, cardio, strength, custom, fitness test, heart rate control 1-2, and template 1-12 |
| Heart Rate           | Dual contact heart rate grips, Bluetooth and 5kHz chest belt compatible (chest belt not included)               |
| Power                | Plug-in                                                                                                         |
| Resistance / Incline | 20 levels, magnetic / 20 levels power incline                                                                   |
| Handlebar Toggles    | Integrated resistance and incline control buttons                                                               |
| Track System         | Double rail, front drive system                                                                                 |
| Stride Length        | 20" / 51 cm                                                                                                     |
| Flywheel             | 25 lb (11 kg), two-way                                                                                          |
| Handle Bars          | D-type, multi-grip handlebars                                                                                   |
| Pedals               | Oversized, articulating, 2° inward slope, 3 levels of adjustment                                                |
| Bluetooth            | Speakers, SOLE+ app, 3rd-party fitness apps                                                                     |
| Dimensions           | 70" L x 31" W x 70" H, 220 lb (177 L x 78 W x 177 H, 100 kg)                                                    |
| Packaging            | 66" L x 18" W x 34" H, 240 lb (168 L x 45 W x 87 H, 109 kg)                                                     |
| Max User Weight      | 350 lb (158kg)                                                                                                  |

## WARRANTY INFORMATION

Residential: Frame/Flywheel/Brake: Lifetime, Parts: 2 Years, Labour: 1 Year

\*For compatible Garmin smart wearables only

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