SOLE FITNESS

OWNER'S MANUAL
Model: 16008500770
S77 Treadmill

Please carefully read this entire manual before operating your new treadmill.

ATTENTION: ***Before returning your Sole product to any retailer, or if you require any assistance with assembly or technical support please call us first for assistance at 1-888-707-1880. Thank you for your Sole purchase.***

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SOLE

FITNESS

CONGRATULATIONS ON YOUR NEW TREADMILL, AND WELCOME TO THE SOLE FAMILY!

Thank you for your purchase of this quality treadmill from Dyaco Canada Inc. Your new treadmill has been manufactured by one of the leading fitness manufacturers in the world and is backed by one of the most comprehensive warranties available. Dyaco Canada Inc. will do all we can to make your ownership experience as pleasant as possible for many years to come.

If you have any questions about your new Sole product or questions about the warranty, contact Dyaco Canada Inc. at 1-888-707-1880.

Please take a moment to record below the name of the dealer, their telephone number and the date of purchase for easy contact in the future. We appreciate your confidence in SOLE, and we will never forget that you are the reason we are in business. Please go to www.dyaco.ca/warranty.html and complete the online warranty registration.

Yours in Health,
Dyaco Canada Inc.

Name of Dealer: _____

Telephone Number of Dealer: _____

Purchase Date: _____

PRODUCT REGISTRATION

RECORD YOUR SERIAL NUMBER

Please record the Serial Number of this fitness product in the space provided below.



Serial Number: _____

REGISTER YOUR PURCHASE

Please visit us at www.dyaco.ca/warranty.html to register your purchase.

IMPORTANT SAFETY INSTRUCTIONS

WARNING - Read all instructions before using this equipment.
DANGER - To reduce the risk of electric shock, disconnect your SOLE treadmill from the electrical outlet before cleaning and/or service work.
WARNING - To reduce the risk of burns, fire, electric shock, or injury to persons, install the treadmill on a flat level surface with access to a 110-volt~60 Hertz, 15-amp grounded outlet with only the treadmill plugged into the circuit.

DO NOT USE AN EXTENSION CORD UNLESS IT IS A 14AWG OR BETTER, WITH ONLY ONE OUTLET ON THE END: DO NOT ATTEMPT TO DISABLE THE GROUNDED PLUG BY USING IMPROPER ADAPTERS OR IN ANY WAY MODIFY THE CORD SET.

A serious shock or fire hazard may result along with computer malfunctions. See Grounding Instructions, page 3.

- Do not operate treadmill on deeply padded, plush or shag carpet. Damage to both carpet and treadmill may result.
- Do not block the rear of the treadmill. Provide a minimum of 3 1/2 feet clearance between the rear of the treadmill and any fixed object.
- Keep children under the age of 13 away from this machine. There are obvious pinch points and other caution areas that can cause harm.
- Keep hands away from all moving parts.
- Never operate the treadmill if it has a damaged cord or plug. If the treadmill is not working properly, call customer service.
- Keep the cord away from heated surfaces.
- Do not operate where aerosol spray products are being used or where oxygen is being administered. Sparks from the motor may ignite a highly gaseous environment.
- Never drop or insert any object into any openings.
- Do not use outdoors.
- To disconnect, turn all controls to the off position, remove tether cord, then remove the plug from the outlet.
- Do not attempt to use your treadmill for any purpose other than for the purpose it is intended.
- The pulse sensors are not medical devices. Various factors, including the user's movement, may affect the accuracy of heart rate readings. The pulse sensors are intended only as exercise aids in determining heart rate trends in general.
- Use handrails provided; they are for your safety.
- Wear proper shoes. High heels, dress shoes, sandals or bare feet are not suitable for use on your treadmill. Quality athletic shoes are recommended to avoid leg fatigue.
- This equipment is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the equipment by a person responsible for their safety.

Remove tether cord after use to prevent unauthorized treadmill operation.

SAVE THESE INSTRUCTIONS - THINK SAFETY!

IMPORTANT ELECTRICAL INSTRUCTIONS

WARNING!

NEVER remove any cover without first disconnecting AC power. If voltage varies by ten percent (10%) or more, the performance of your treadmill may be affected. Such conditions are not covered under your warranty. If you suspect the voltage is low, contact your local power company or a licensed electrician for proper testing.

NEVER expose this treadmill to rain or moisture. This product is NOT designed for use outdoors, near a pool or spa, or in any other high humidity environment. The temperature specification is 40 degrees C, and humidity is 95%, non-condensing (no water drops forming on surfaces).

Circuit breakers: Avoid AFCI/GFCI circuit breakers if possible. These breakers may trip occasionally during use because of the high inrush currents from the treadmill drive motor. This condition is an issue with all treadmills and other products with large motors or electric heating elements like ovens.

New laws in your area may require these breakers. If you do have these breakers and outlets in your home and are experiencing nuisance tripping, you should check to see if there are any other devices plugged into the same circuit like fluorescent lights with electronic ballasts, coffee maker, space heater, etc. Optimally the treadmill should be the only device plugged into the circuit.

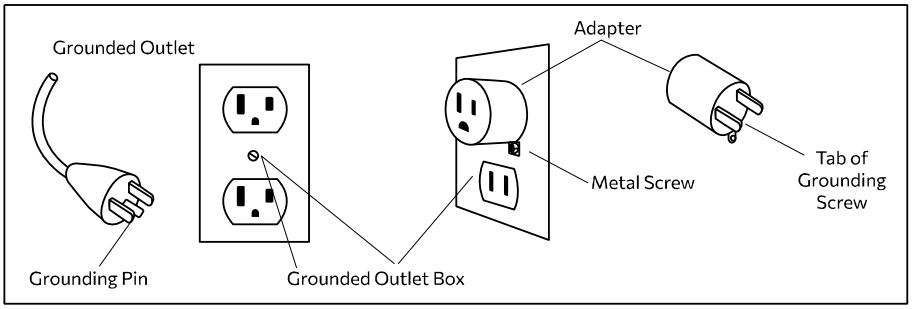
Our treadmills have surge suppressors built in to help avoid nuisance tripping. We have tested several AFCI/GFCI breakers and outlets with our products that do not trip when only the treadmill is connected. Brands we have tested are Eaton (Cutler Hammer Series), Leviton (Smart lock pro) and Schneider Electric (Canadian home series).

GROUNDING INSTRUCTIONS

This product must be grounded. If the treadmill should malfunction or breakdown, grounding provides a path of least resistance for electric current, reducing the risk of electric shock. This product is equipped with a cord having an equipment-grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER - Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product if it will not fit the outlet; have a proper outlet installed by a qualified electrician.

This product is for use on a nominal 110-volt circuit and has a grounding plug that looks like the plug illustrated below. A temporary adapter that looks like the adapter illustrated below may be used to connect this plug to a 2-pole receptacle, as shown below if a



properly grounded outlet is not available. The temporary adapter should be used only until a properly grounded outlet (shown below) can be installed by a qualified electrician. The green coloured rigid ear-lug, or the like, extending from the adapter, must be connected to a permanent ground such as a properly grounded outlet box cover. Whenever the adapter is used, it must be held in place by a metal screw.

IMPORTANT OPERATION INSTRUCTIONS

- NEVER operate this treadmill without reading and completely understanding the results of any operational change you request from the computer.
- Understand that changes in speed and incline do not occur immediately. Set your desired speed on the computer console and release the adjustment key. The computer will obey the command gradually.
- NEVER use your treadmill during an electrical storm. Surges may occur in your household power supply that could damage treadmill components. Unplug the treadmill during an electrical storm as a precaution.
- Use caution while participating in other activities while walking on your treadmill; such as watching television, reading, etc. These distractions may cause you to lose balance or stray from walking in the center of the belt; which may result in serious injury.
- NEVER mount or dismount the treadmill while the belt is moving. SOLE treadmills start at a very low speed and it is unnecessary to straddle the belt during start up. Simply standing on the belt during slow acceleration is proper after you have learned to operate the unit.
- Always hold on to a handrail or hand bar while making control changes (incline, speed, etc.).
- Do not use excessive pressure on console control keys. They are precision set to function properly with little finger pressure. Pushing harder is not going to make the unit go faster or slower. If you feel the buttons are not functioning properly with normal pressure contact your SOLE dealer.

IMPORTANT SAFETY INSTRUCTIONS

A safety tether cord is provided with this unit and should be used at all times. It is for your safety should you fall or move too far back on the tread-belt. Pulling this safety tether cord will stop tread-belt movement.

To Use:

1. Place the safety key into position on the console control head. Your treadmill will not start and operate without this. Removing the safety key also secures the treadmill from unauthorized use.

2. Fasten the plastic clip onto your clothing securely to assure good holding power. *Note: The clip should be attached securely to make certain it does not come off. Be familiar with its function and limitations. The treadmill will stop, depending on speed, with a one to two step coast anytime the safety key is pulled off the console. Use the red Stop switch in normal operation.*

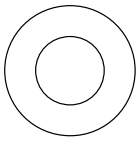
3. If the console displays "Safety key removed, machine stopped, click Replace the key to Operate", put the Safety key back to continue using the treadmill

PREVENTATIVE MAINTENANCE CHART

Vacuum Under Motor Cover & Check Wiring (Every Other)	Clean & Inspect Deck for Lubrication (Every Other) Month)	Lubricate Deck (Every 90 hours or sooner if dry)	Inspect Belt Tracking (Monthly) Adjust if necessary	Date

S77 ASSEMBLY PACK CHECKLIST

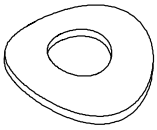
3 HARDWARE STEP 3



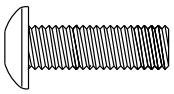
#79. Ø3/8"× Ø19 × 1.5T_
Flat Washer (6 pcs)



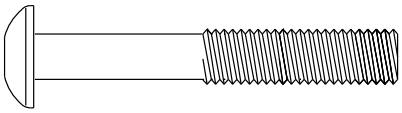
#86. Ø10 × 1.5T_
Split Washer (6 pcs)



#124. Ø8 × 23 × 1.5T_
Curved Washer (4 pcs)



#100. 5/16" × 3/4"_Button
Head Socket Bolt (4 pcs)

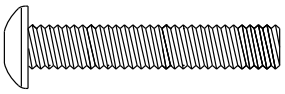


#123. 3/8" × 2-1/2"_Button
Head Socket Bolt (6 pcs)

5 HARDWARE STEP 5

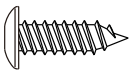


#86. Ø10 × 1.5T_
Split Washer (4 pcs)



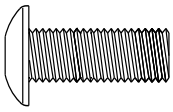
#91. 3/8" × 1-3/4"_
Button Head Socket Bolt (4 pcs)

6 HARDWARE STEP 6

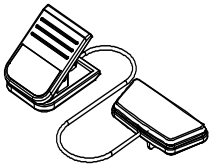


#125. 3.5 × 16m/m_
Sheet Metal Screw (4 pcs)

7 HARDWARE STEP 7

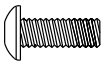


#100. 5/16" × 3/4"_
Button Head Socket Bolt (4 pcs)



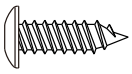
#62. Safety Key

8 HARDWARE STEP 8



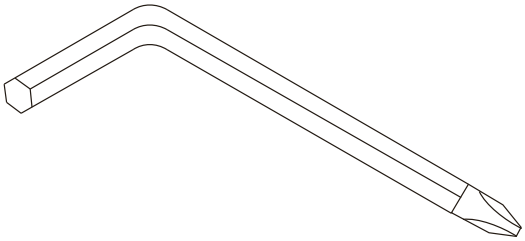
#134. M5×10L
Button Head Socket Bolt (4 pcs)

9 HARDWARE STEP 9

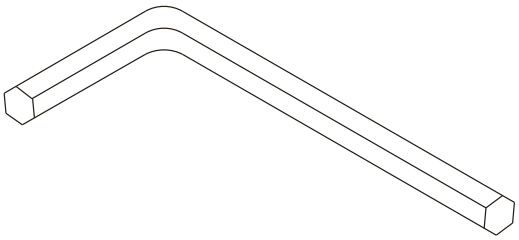


#125. 3.5 × 16m/m_
Sheet Metal Screw (4 pcs)

ASSEMBLY TOOLS



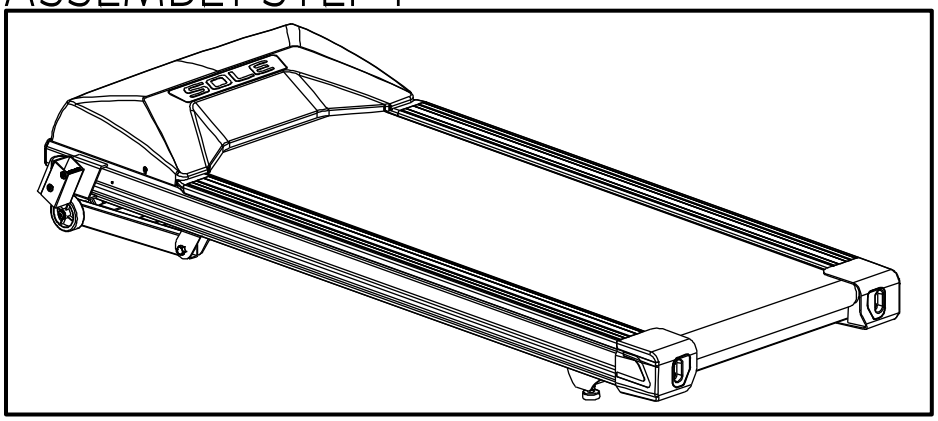
#103. Combination M5 Allen Wrench
& Phillips Head Screw Driver



#104. M6 L Allen Wrench

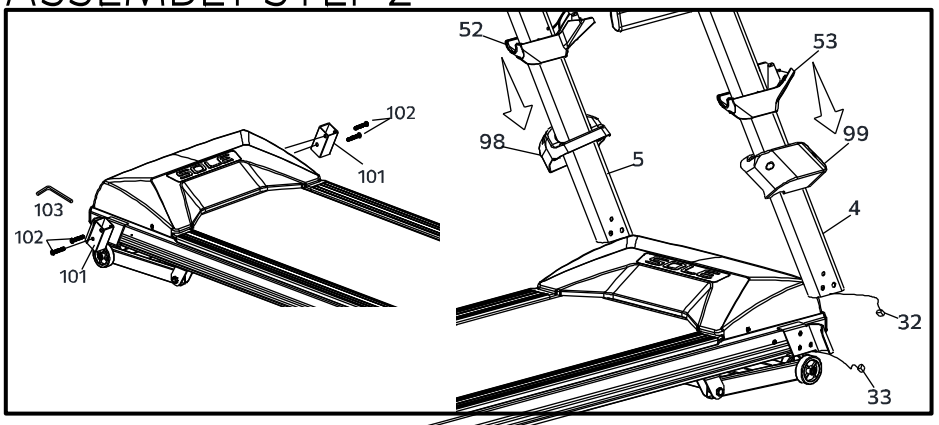
S77 ASSEMBLY INSTRUCTIONS

1 ASSEMBLY STEP 1



1. Remove the treadmill from the carton and position it aside on a smooth, level floor. The rear should be at least 3' from any wall. Do not remove the Velcro belt until you have removed the plastic wrap and Styrofoam from beneath the unit.

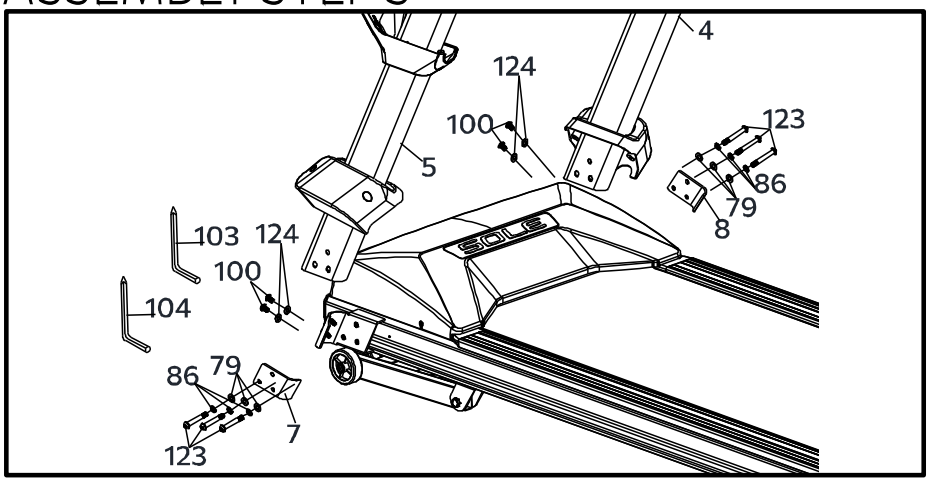
2 ASSEMBLY STEP 2



1. Remove four Flat Head Socket Bolts (102) with the Allen Wrench (103) and then remove two Fixing Plate Stabilizer (101).
2. Slide the Console Mast Covers (52 & 53) onto the Upright tubes (notice orientation).
3. Slide the Frame Base Covers (98 & 99) over the Upright tubes (4 & 5). Connect the Lower Computer Cable (33) to the Middle Computer Cable (32) on the right side of the unit.

Before attaching the hardware to Step 3, make sure the cables you just connected don't get pinched in between the steel tubing. If they do, this may cause issues that prevent the treadmill from operating properly.

3 ASSEMBLY STEP 3

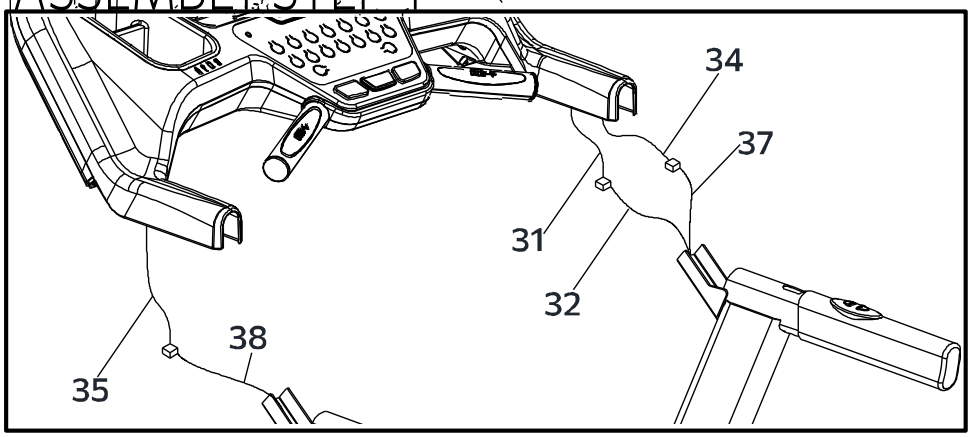


HARDWARE STEP 3

#79. Ø3/8"× Ø19 × 1.5T_ Flat Washer (6 pcs)
#86. Ø10 × 1.5T_ Split Washer (6 pcs)
#100. 5/16" × 3/4"_Button Head Socket Bolt (4 pcs)
#123. 3/8" × 2-1/2"_Button Head Socket Bolt (6 pcs)
#124. Ø8 × 23 × 1.5T_ Curved Washer (4 pcs)

1. Attach the Upright Tubes (4 & 5) onto the Main Frame (1) and use Combination Allen Wrench & Phillips Head Screwdriver (103) to tighten four Button Head Socket Bolts (100) and four Curved Washers(124) and then use Allen Wrench (104) to tighten six Button Head Socket Bolts (123), six Flat Washers(79) and six Split Washers (86) going through Left and Right Gussets (7 & 8). Do not tighten the bolts completely until Step 7 is finished.

4 ASSEMBLY STEP 4

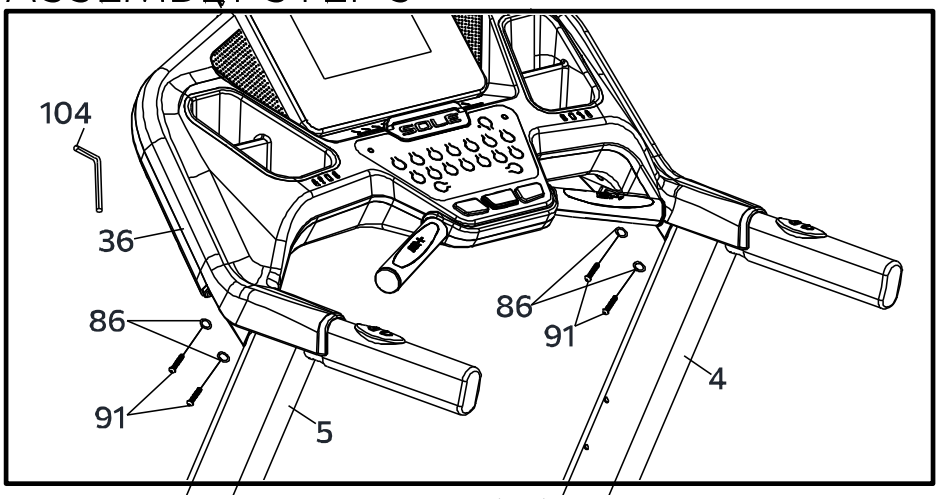


To complete this step, it is recommended that you find something to rest the console on at the appropriate height or have someone hold the console while you connect the cables

1. Connect the Speed Adjustment Switch Cable (37) to the Speed Cable, Upper (34). Connect the Incline Adjustment Switch Cable (38) to the Incline Cable, Upper (35). Connect the Computer Cable, Middle (32) and Computer Cable, Upper (31). Tuck the excess cable into the hand rail tubing to prevent it from getting pinched.

Before attaching the hardware to Step 5, make sure the cables you just connected don't get pinched in between the steel tubing. If they do, this may cause issues that prevent the treadmill from operating properly.

5 ASSEMBLY STEP 5

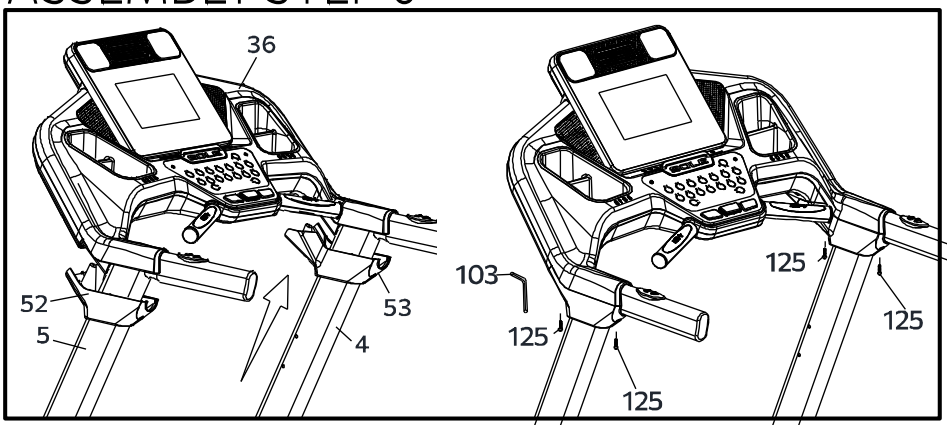


HARDWARE STEP 5

#91. 3/8" x 1-3/4" Button Head Socket Bolts (4 pcs)
#86. Ø 10 x 1.5T Split Washers (4 pcs)

1. Attach the Console Assembly (36) onto the Upright Tubes (4 & 5) and attach with four Button Head Socket Bolts (91) and four Split Washers (86). Tighten using the M6 Allen Wrench (104). Tighten completely.

6 ASSEMBLY STEP 6

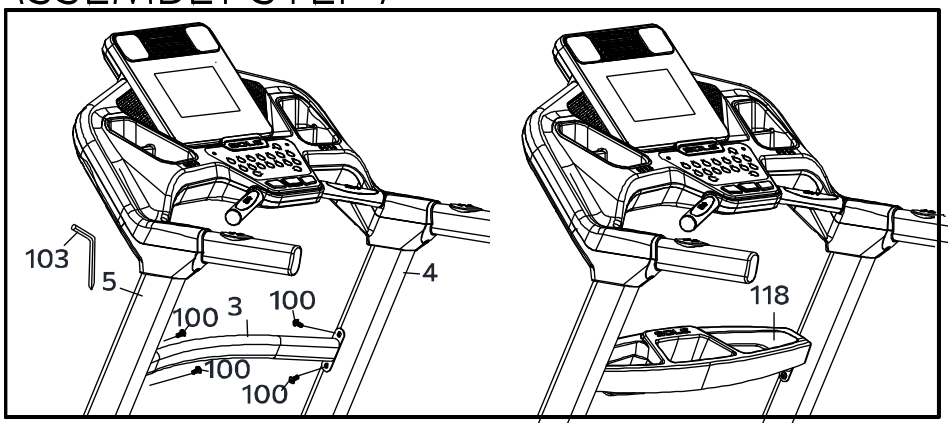


HARDWARE STEP 6

#125. 3.5 x 16mm Sheet Metal Screws (4 pcs)

1. Attach the Left (52) and Right (53) Console Mast Covers to the console with four Sheet Metal Screws (125). Tighten with the Combination M5 Allen Wrench & Phillips Head Screwdriver (103).

7 ASSEMBLY STEP 7



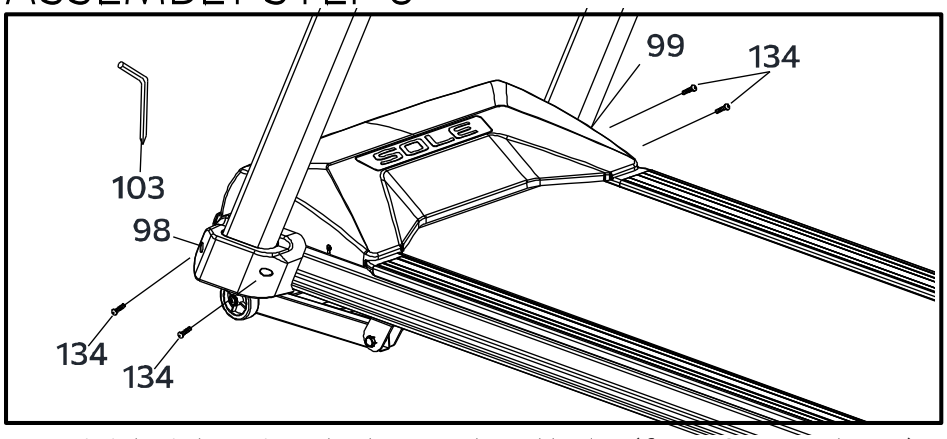
HARDWARE STEP 7

#100. 5/16" x 3/4" Button Head Socket Bolts (4 pcs)

#62. Safety Key

1. Attach the Handrail Support (3) between the upright tubes (4 & 5) with four Button Head Socket Bolts (100). Tighten bolts firmly.
2. Place the Beverage Holder (118) on top of the Support tube (3) as shown in the illustration.
3. Place the pin of the safety key (62) in between the Start and Stop buttons (if it isn't already attached). The treadmill will not function without this in place.
4. Check to make sure all bolts and screws are completely tightened.

8 ASSEMBLY STEP 8

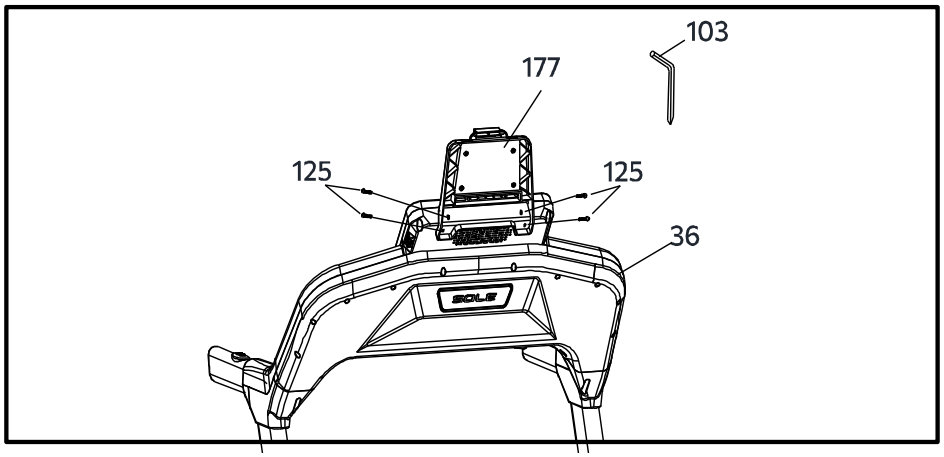


HARDWARE STEP 8

#134. M5 × 10mm_ Phillips Head Screw (4 pcs)

1. Finish tightening the button head bolts (from Step 3 above) that secure the console masts to the frame.
2. Attach the Frame Base Covers (98 & 99) to the Frame Base (2) with four Phillips Head Screws (134). Tighten screws using the Combination M5 Allen Wrench & Phillips Head Screwdriver (103).

9 ASSEMBLY STEP 9



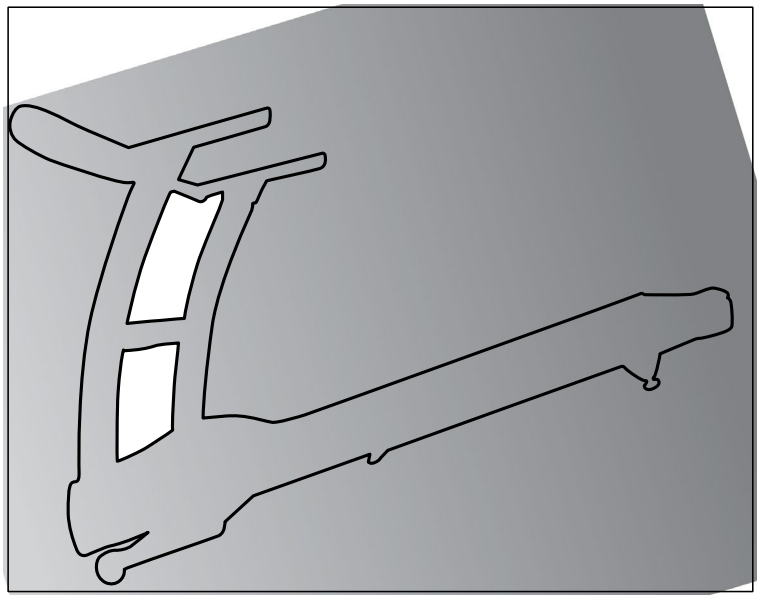
HARDWARE STEP 9

#125. 3.5 × 16mm_ Sheet Metal Screw (4 pcs)

Insert Tablet Holder (177) into the Console Assembly (36) and use Combination M5 Allen Wrench & Phillips Head Screwdriver (103) to tighten four of Sheet Metal Screw (125).

TRANSPORTATION INSTRUCTIONS

Carefully lift the treadmill at the rear roller area, grasping the two side end caps, and roll the treadmill away.



OPERATION OF YOUR TREADMILL

GETTING FAMILIAR WITH THE CONTROL PANEL

S77 TOUCHSCREEN CONSOLE



GETTING STARTED

S77 TOUCHSCREEN CONSOLE

Power the treadmill on by plugging it into an appropriate wall outlet, then turn on the power switch located at the front of the treadmill below the motor hood. Ensure that the Safety Key is installed, as the treadmill will not power on without it (*see assembly step 7 for reference*).



ATTENTION

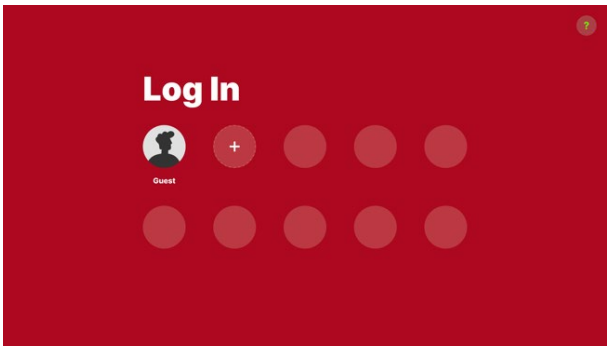
SLEEP MODE Your console comes in "Sleep mode" with different features by choice:
ON The unit goes energy-saving state after 15 minutes of inactivity.
OFF The console will stay lit while the power is on.
RETAIL The console will run the demo video after 3 minutes of inactivity.
On TFT displays, click “Sleep Mode” under Settings to switch among three features.

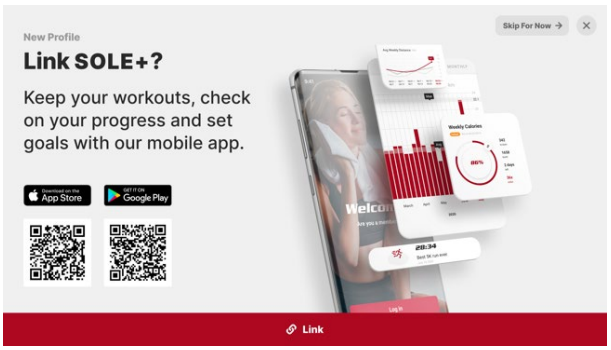
TOUCHSCREEN OPERATION

Use the touchscreen console to select from a variety of video classes, preset workout programs and fitness tests, and to enjoy media content of your choice while on the go.

Getting Started

Launched for the first time, the console will prompt you to either enter as a guest, or create a new profile. It is recommended to set up your own profile: it allows your machine to remember your physical parameters, favorite programs and templates; you will have your own custom program with an adjustable intensity pattern, and your workout records can be synchronized with the SOLE+ mobile app. Tap + to create a new profile. A maximum of 9 profiles can be created. Each profile can be protected with a passcode.



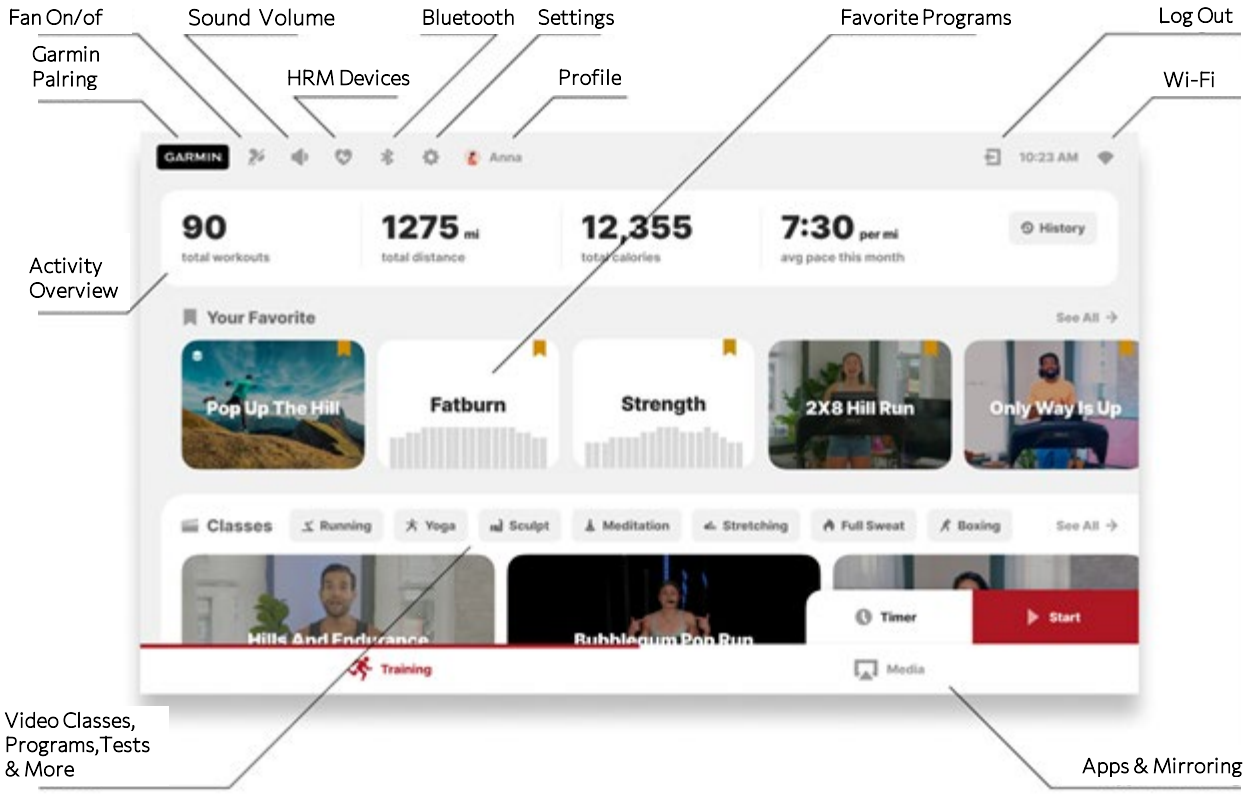


To link a SOLE+ account, scan the QR code on the console screen to download the mobile app first. Once the app is installed and the registration is complete, press “Link” on the bottom of the console screen, then open the QR code scanning camera in your SOLE+ app, and scan the QR code once again to link your local profile with the SOLE+ account. Please keep in mind that your console profile cannot be linked to multiple SOLE+ accounts at the same time. If you skip this step, you can access it again later in Profile settings.

Home Screen

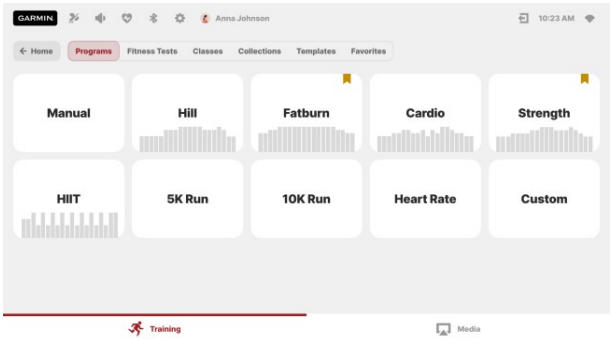
The main screen of the Training section displays an overview of your activity, and offers shortcuts to an immediate Start, a manually controlled timed workout (“Timer”), your favorite programs and video classes. Scroll down to browse more workout options; choose your program right here, or access all available content by selecting “See All” on any of the blocks.

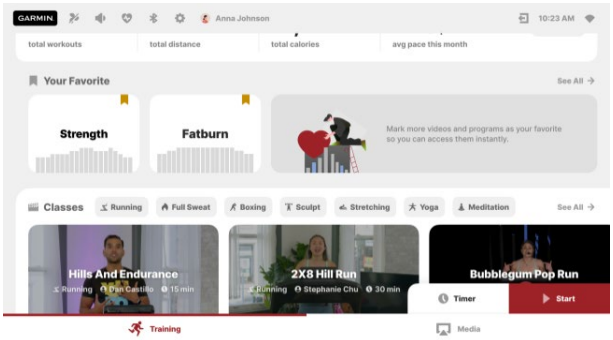
If in the Guest mode, you can set your age and weight here; it will help the machine calculate your workout summary more accurately.



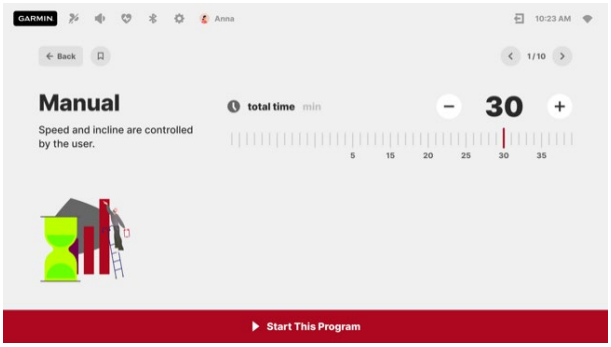
Training Content

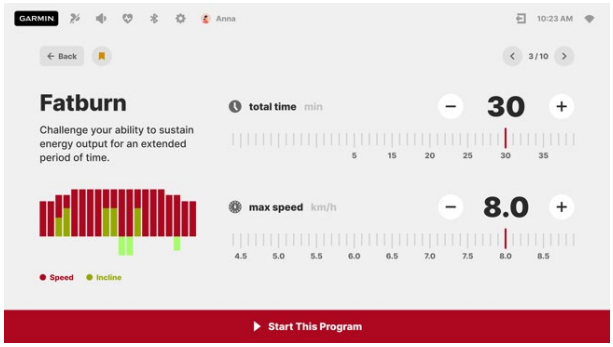
Switch between categories using the tabs on the top of the screen: Programs, Fitness Tests, Classes, Collections, Templates and Favorites.





Tap on any of the program cards to open a Program Setup page, where you can learn more about the program and set properties of your workout. To adjust workout parameters, you can drag the ruler, tap on the + and – buttons, or tap on the number to open a numpad and input the value directly



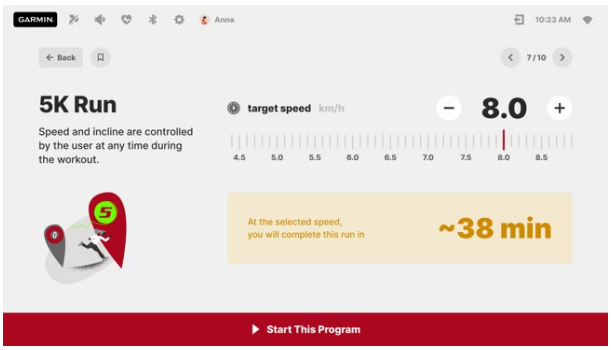


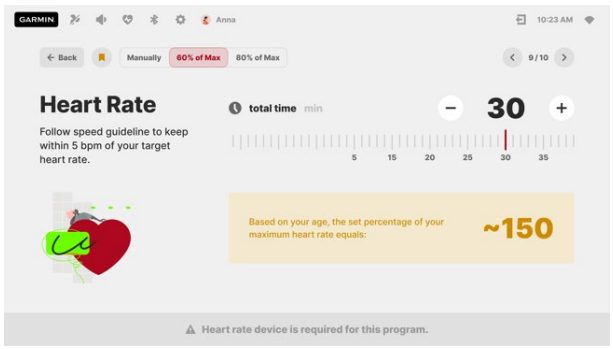
Manual (Timer) program is a timed workout with speed and incline controlled manually at any time during the run.

Hill, Fatburn, Cardio, Strength and HIIT follow preset speed and incline changing patterns. The Total Time and Max Speed settings define the duration and overall intensity of your workout.

The speed and incline levels for each segment of the programs are shown in the chart below. Speed values represent a percentage of the max speed that was set before start. For instance, if the max speed was set to 10.0 mph, and the value in the chart indicates 20, it means that this segment's speed will be 2.0 mph. If the value in the chart indicates 100, this segment's speed will be equal to the max speed you have set before the workout. Incline values are absolute.

Program		Warm up			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	Cool down		
Hill	Speed	20	30	40	50	50	63	75	75	75	88	75	88	88	100	75	88	75	88	88	75	63	50	50	40	30	20
	Incline	0	0	0	0	0	1	2	3	4	3	4	4	5	3	4	3	4	5	3	1	1	0	0	0	0	0
Fatburn	Speed	20	30	40	50	50	63	63	100	100	100	100	100	100	100	100	100	100	100	88	75	63	50	50	40	30	20
	Incline	0	0	0	0	0	1	2	4	5	3	4	4	3	2	3	4	5	6	4	2	1	0	0	0	0	0
Cardio	Speed	20	30	40	50	50	63	75	75	88	75	75	88	63	75	88	75	75	100	75	88	63	50	50	40	30	20
	Incline	0	0	0	0	0	1	2	3	2	2	3	1	2	3	2	2	4	2	3	1	1	0	0	0	0	0
Strength	Speed	20	30	40	63	63	63	75	75	75	75	88	88	88	100	88	88	88	75	75	75	63	63	63	40	30	20
	Incline	0	0	0	0	0	1	2	4	6	8	7	6	5	4	3	4	5	7	5	3	1	0	0	0	0	0
HIIT	Speed	20	30	40	50	50	63	75	88	63	63	88	63	75	100	63	75	100	63	75	88	63	50	50	40	30	20
	Incline	0	0	0	0	0	1	2	3	5	2	3	6	2	3	7	2	3	8	2	3	3	0	0	0	0	0





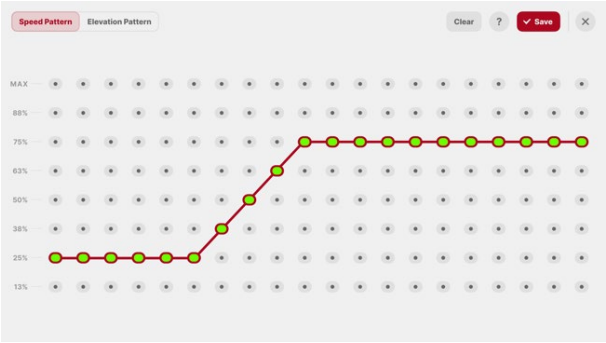
5K Run, 10K Run programs automatically set a target distance for your workout (5 km and 10 km, respectively). On the program setup page, the console will show the estimated total time for this run based on the selected target speed. Program ends when the target distance is reached.

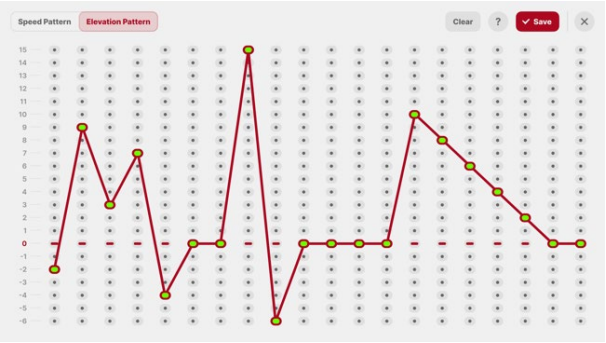
Heart Rate program uses incline to control your heart rate. The incline gradually increases until you reach your target heart rate, then adjusts automatically to keep you within 5 bpm of your goal. A heart rate monitor is required for this program.

On the program setup page, you can either set the target bpm directly or select 60% or 80% of your age-predicted maximum heart rate, allowing the machine to calculate your target automatically. Choosing the second option, make sure you have let the machine know how old you are, otherwise the calculations will be based on the default values. The program is finished when the time is up, or if your heart rate is 20% higher than the target.

Custom is a program with fully customizable speed and incline patterns. On the program setup page, press “Add Pattern” to enter edit mode. Connect dots to map your load throughout the program, from easiest on the bottom to hardest on the top. Each segment’s duration depends on the selected total time — you can set it right before start.

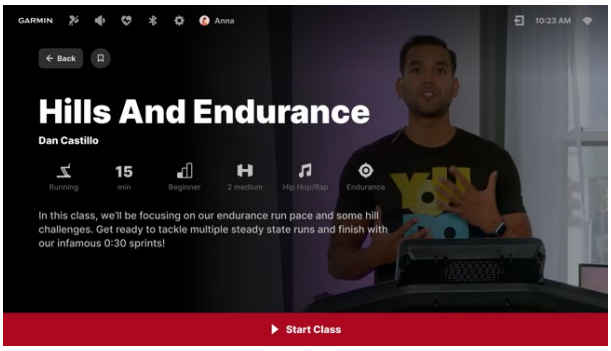
Speed values are relative, and maximum can be changed before each workout; all the segments will be adjusted proportionally. Elevation values are absolute and vary from 0 to 15. Elevation pattern is optional.

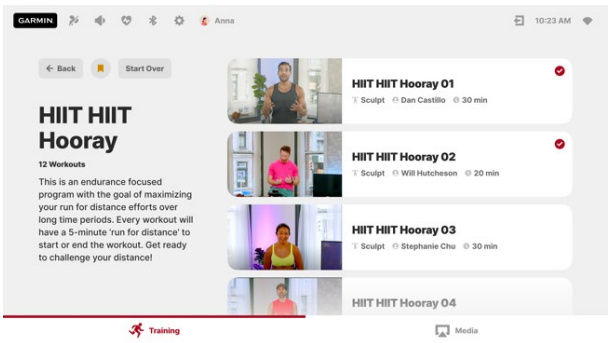




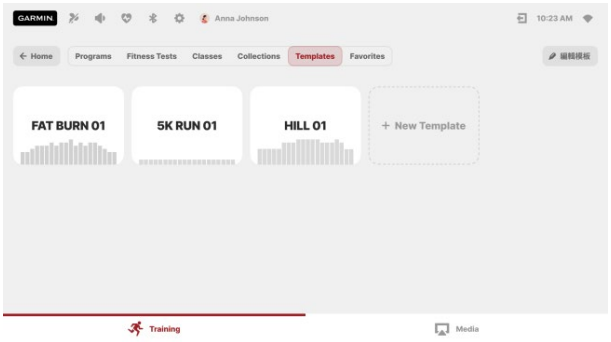
Video Classes are pre-recorded manually controlled workouts of fixed duration. Choose from hundreds of videos of 7 activity types, including Running, Yoga, Stretching, Boxing, Sculpt, Meditation and Full Sweat. For easier search, filter classes by instructor, duration, difficulty level, music genre, etc.

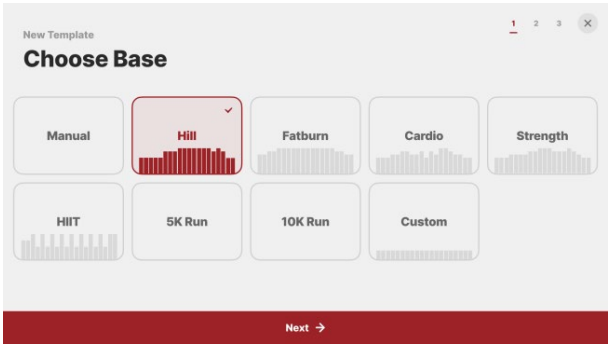
Collections are sequences of video classes, that follow a certain theme. Like classes and programs, collections can be selected as favorites. Completed classes are marked with a “check” symbol, so that you can see your progress and continue where you left off; if you want to unmark all of the classes and start over with the sequence, press “Start Over”.





Templates are preset programs with a preserved set of parameters. Programs can be saved as templates upon completion, or you can create one from scratch in the Templates tab: tap on the "New Template" button, choose your base program, then save it with adjusted properties. A maximum of 12 template programs can be stored. To remove the unwanted templates, press "Edit Templates" in the Templates tab.





Any class, collection or program can be labeled as a Favorite. Up to 12 favorite programs will appear right on the Home screen, so you can access them easier. To "like" a program, open the program setup page and tap on the "ribbon" icon in the upper left corner of the screen. You can find all of the labeled programs under the Favorites tab: to remove the label, press "Edit Favorites", or go to the program setup page directly and un-tap the "ribbon" icon.

Once you have decided on the program, press the "Start This Program" button on the screen, or the physical "START" key on the machine to begin your workout.

Fitness Tests

Choose from 7 options under the Fitness Tests tab. Tap on the test card to open the test setup page. Please make sure that the physical parameters displayed on this page are correct: this data may affect the course of the test and its results; if the data is not accurate, press "Edit Parameters" to adjust the numbers.

Before the test,

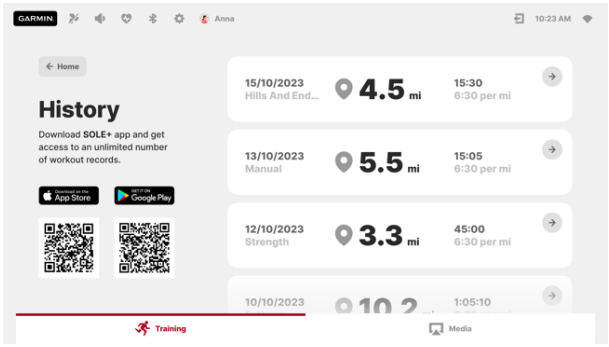
- make sure you are in good health; check with your physician before performing any exercise if you are over the age of 35 or have any pre-existing health conditions;
- make sure you have warmed up and stretched before taking the test;
- do not take in caffeine before the test.

Gerkin Protocol is a sub maximal VO_2 (volume of oxygen) test, that increases speed and incline alternately until you reach 85% of your max heart rate (a heart rate monitor is required for this test). The time it takes for you to reach 85% determines the test score (VO_2 Max). The test starts with a 3-minute warm-up at a lower speed.

Air Force, Army, Navy, Coast Guard, PEB and Marine Corps are US military tests that measure the time required for you to cover a certain distance. The speed is controlled manually.

History

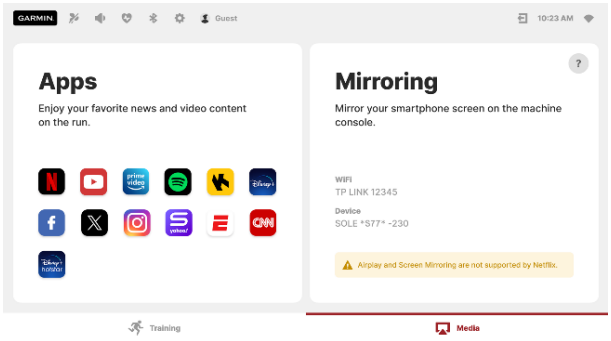
To see your latest workout records, press "History" on the main screen of the Training section. Up to 10 records can be stored locally on the console, but you can access your full workout history if you link your profile to the SOLE+ mobile app. Tap on the record preview to see the full summary. Each user can only see his or her workouts.

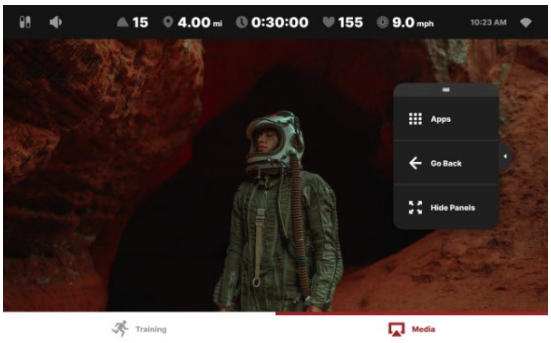




Media

Tap on the right tab of the bottom panel to access the Media section. Choose from a variety of pre-installed third party Apps, or use the Mirroring function to cast the content from your smartphone directly to the console screen. For detailed instructions, press the ? icon.





Once the content is on, use the floating panel for navigation and operating full screen mode. Touch the panel's top edge and drag the panel around the screen to find the perfect place for it, where it will not prevent you from interacting with the content. Press Hide Panels to enter

the full screen mode without stats on the top and tabs on the bottom, and Show Panels to bring them back. Use the arrow button on the right side of the panel to hide & show the text labels: it allows to further minimize the panel's size. Press "Apps" to go back to the content sources selection.

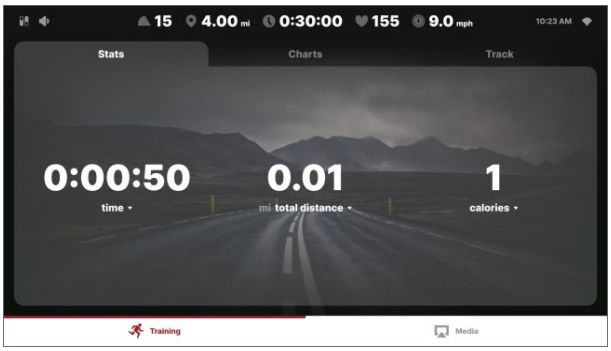
Workout Mode

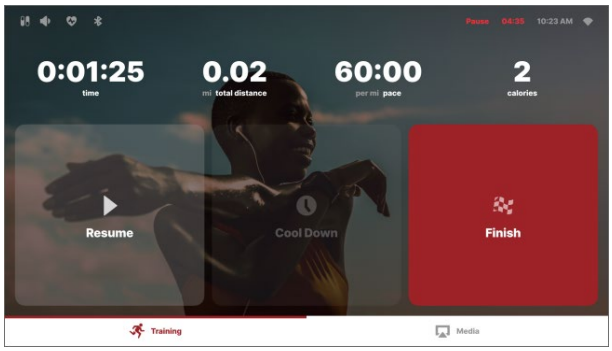
Once the workout has started, after the short countdown the console will appear in its workout mode. Warm-up and cool down phases may be skipped by pressing "Skip".

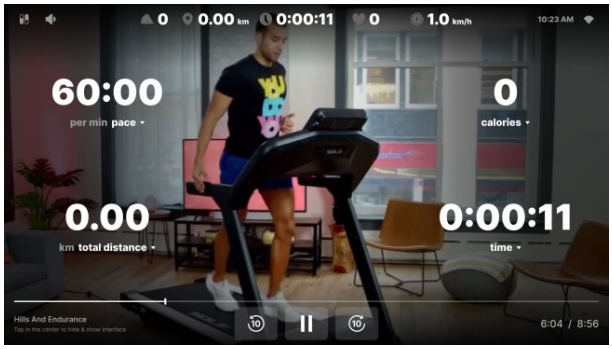
During the workout, switch between Stats, Charts and Track views of the Training section, or go to Media section to enjoy your favorite media content. In the Stats view, you can select parameters you would like to display by tapping on the number.

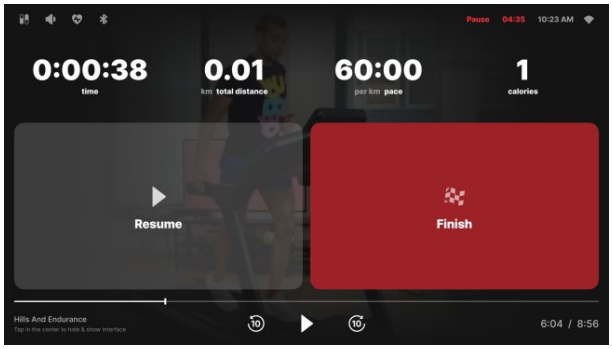
Please use physical keys to adjust speed and incline. Press the physical "STOP" key to pause the workout. Here, you can get back to running, start a cool down, or end your workout and see the summary. After 5 minutes of inactivity in the Pause mode, the workout will end automatically.

The actual machine operation may differ slightly from the description in the manual









While watching a video class, tap in the middle of the screen to hide and show the interface. You can navigate through the video by sliding on the progress bar, or skip 10-second intervals by pressing ⟲10 and 10⟳ icons. The "Pause" button stops the treadmill, pauses both your workout and the video at the same time.

New Sole+ App to be used in conjunction with select Apple & Android devices!

In order to help you achieve your exercise goals, your new exercise machine comes equipped with a Bluetooth® transceiver that will allow it to interact with selected phones or tablet computers via the Sole + App.

Just download the free Sole + App from the Apple Store or Google Play, and then follow the instructions in the App to sync with your exercise machine.

You can press the "DISPLAY" button from the APP to view the display of the current workout data. When your exercise is complete pressed in the APP "END & SAVE WORKOUT" to store the workout data.

The Sole + App also allows you to sync your workout data with one of many fitness cloud sites we support: Apple Health, Google Fit, Strava, MapMyFitness or Fitbit, with more to come.

Syncing the App with your exercise machine:



1. Download the App by scanning the QR code on the right.
2. Open the App on your device (phone or tablet) and make sure Bluetooth® is enabled on your device(phone or tablet).
3. In the App click the Bluetooth icon to search for your Sole + equipment (shown right).
4. Under the Bluetooth scan result list, select the machine for connect. When the App and equipment are synced, the Bluetooth® icon on the equipment's console display will light up. Click "DISPLAY", you may now start using your Sole + App.
5. When your exercise is complete pressed in the APP "END & SAVE WORKOUT" to store the workout data, and you will be prompted to sync your data with each available fitness cloud site. Please note you will have to download the applicable compatible fitness App, such as Apple Health, Google Fit, Strava, MapMyFitness or Fitbit, etc, in order for the icon to be active and available.
   Note: Your device will need to be running on a minimum operating system of IOS 16.4 or Android 8.0 for the Sole + App to operate properly.

Bluetooth wireless heart rate

The exercise equipment's Bluetooth device (BLE 5.0) can also be connected to the Bluetooth wireless heart rate chest strap transmitter (BLE 5.0). The chest strap transmitter can receive signals even when the App is already in use. You can wear the Bluetooth wireless heart rate chest strap first then commence connection. While in connection, the console will show heart rate value via Bluetooth.

Heart rate will be displayed when connected to Bluetooth The symbol lights up until the connection with the Bluetooth heart rate chest band is automatically disconnected. The symbol does not light up.

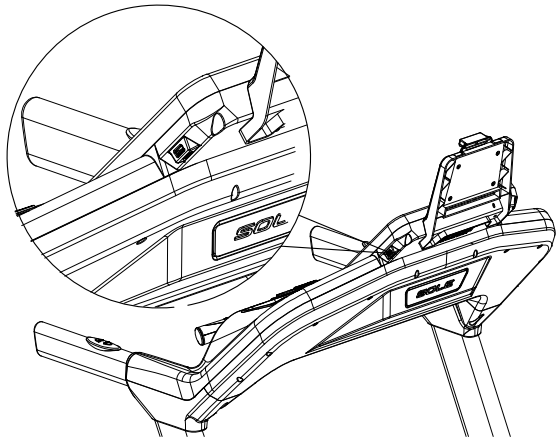
Bluetooth wireless music

The exercise equipment can also play music wirelessly via Bluetooth. Turn on your mobile phone or tablet's Bluetooth function. Search for the name "Bt-speaker" in your device's Bluetooth menu. Tap to connect. Now your device can transmit music to the exercise equipment.

Charge Portable Devices with USB port

USB Port Charging function:
Charge your personal device during your workout using the fitness equipment's on-console USB port. To charge your mobile electronics make sure the fitness equipment power is on.

Step 1: Connect your USB charging cable (not included) to the USB Power Port and to your device.
Step 2: Check to make sure your device icon indicates it is charging.

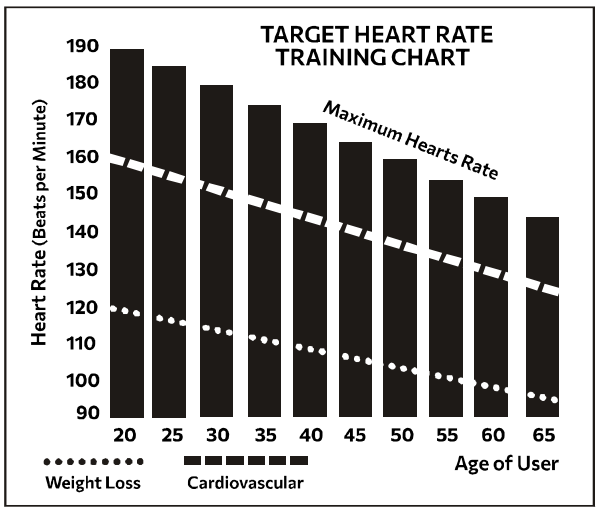


NOTE：

* USB charging cable is not included. Make sure a compatible USB charging cable is being used.
** Your device "charging" icon may or may not indicate it is charging. Depending on the amount of current your particular device requires for charging, the icon may not be on, but your device is still charging, but possibly at a lower charge rate.
***The USB port on the console is capable of powering USB devices. It provides up to 5Vdc/2.0 amp of power and meets USB 2.0 regulations. You will not be able to save your workout data to a USB via this port; it is used for charging purposes only.

TARGET HEART RATE

The old motto, "no pain, no gain," is a myth that has been overpowered by the benefits of exercising comfortably. A great deal of this success has been promoted by the use of heart rate monitors. With the proper use of a heart rate monitor, many people find that their choice of exercise intensity is either too high or too low, and exercise is much more enjoyable by maintaining their heart rate in the desired benefit range.



To determine the benefits range in which you wish to train; you must first determine your Maximum Heart Rate, which is the highest your heart rate should go. This can be accomplished by using the following formula:

220 – USER'S AGE = MAXIMUM HEART RATE (If you enter your age during programming of the console, the console will perform this calculation automatically).

This is used for the HR control programs and also for the Heart rate bar graph. After calculating your Maximum Heart Rate, you can decide upon which goal you would like to pursue. The two most popular goals of exercise are cardiovascular fitness (training for the heart and lungs) and weight control. The black columns on the chart above represent the Maximum Heart Rate for a person whose age is listed at the bottom of each column. The heart rate training zone for either cardiovascular fitness or weight loss is represented by two different lines, which cut diagonally through the chart. A definition of the lines' goal is in the bottom left-hand corner of the chart. If your goal is cardiovascular fitness or if it is weight loss, it can be achieved by training at 60% or 85%, respectively, of your Maximum Heart Rate on a schedule approved by your physician. Consult your physician before participating in any exercise program.

With all SPIRIT Heart Rate Control treadmills, you may use the heart rate monitor feature without using the Heart Rate Control program. This function can be used during any of the different programs. The Heart Rate Control program automatically controls incline.

CAUTION! The target value used in HR-1 and HR-2 programs is a suggestion only for normal, healthy individuals. Do not exceed your limits!

You may not be able to obtain your chosen target. If in question, enter a higher age value that will set a lower target goal.

USING A HEART RATE TRANSMITTER

How to wear a wireless chest strap transmitter:

1. Attach the transmitter to the elastic strap using the locking parts.
2. Adjust the strap as tightly as possible as long as the strap is not too tight to remain comfortable.
3. Position the transmitter with the logo centred in the middle of your body, facing away from your chest (some people must position the transmitter slightly left of center). Attach the final end of the elastic strap by inserting the round end and, using the locking parts, secure the transmitter and strap around your chest.
4. Position the transmitter immediately below the pectoral muscles.
5. Sweat is the best conductor to measure very minute heartbeat electrical signals. However, plain water can also be used to pre-wet the electrodes (2 black square areas on the reverse side of the belt and either side of the transmitter). It's also recommended that you wear the transmitter strap a few minutes before your workout. Some users, because of body chemistry, have a more difficult time achieving a strong, steady signal at the beginning. After "warming up," this problem lessens. As noted, wearing clothing over the transmitter/strap doesn't affect performance.
6. Your workout must be within range - the distance between transmitter/receiver — to achieve a strong, steady signal. The length of the range may vary somewhat but generally stay close enough to the console to maintain good, strong, reliable readings. Wearing the transmitter immediately against bare skin assures you of proper operation. If you wish, you may wear the transmitter over a shirt. To do so, moisten the areas of the shirt that the electrodes will rest upon.

ERRATIC OPERATION: Caution! Do not use this treadmill for Heart Rate Control unless a steady, solid Actual Heart Rate value is being displayed. High, wild, random numbers being displayed indicate a problem.

AREAS TO LOOK FOR ON INTERFERENCE:

1. Treadmill not properly grounded — A MUST!
2. Microwave ovens, TVs, small appliances, etc.
3. Fluorescent lights.
4. Some household security systems.
5. Perimeter fence for a pet.
6. The antenna that picks up your heart rate is very sensitive. If there is an outside noise source, turning the whole machine 90 degrees may de-tune the interference.
7. If you continue to experience problems, contact your dealer.

WARNING!

DO NOT USE THE HEART RATE CONTROL PROGRAM IF YOUR HEART RATE IS NOT REGISTERING PROPERLY ON THE TREADMILL'S DISPLAY!

HEART RATE CONTROL PROGRAM

Heart Rate Control (HRC) uses your treadmill's incline system to control your heart rate. Increases and decreases in elevation affect heart rate much more efficiently than changes in speed alone. The HRC program automatically changes elevation gradually to achieve the programmed target heart rate.
You have the option, during the setup mode, to choose either the HR program. The Weight Control program will attempt to maintain your heart rate at 60% of your Maximum Heart Rate. Your Maximum Heart Rate is based upon a formula that subtracts your age from a constant of 220. Your HR setting is automatically calculated during the setup mode when you enter your age.

GENERAL MAINTENANCE

BELT & DECK

Your treadmill uses a very high-efficient low-friction deck. Performance is maximized when the deck is kept as clean as possible. Use a soft, damp cloth or paper towel, and wipe the edge of the belt and the area between the belt edge and the frame. Also, reach as far as practical directly under the belt edge. This should be done once a month to extend belt and bed life. A mild soap and water solution along with a nylon scrub brush will clean the top of the textured belt. *Allow to dry before using.*

BELT DUST

This occurs during normal break-in or until the belt stabilizes. Sometimes the black dust from the belt will appear on the floor behind the treadmill. This is normal.

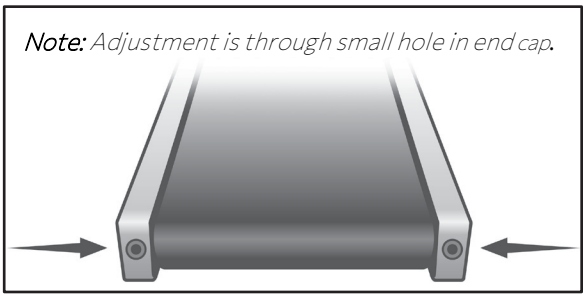
GENERAL CLEANING (Use the chart on Pg. 5 to record your maintenance)

Dirt, dust, and hair can block air inlets and accumulate on the running belt. Please vacuum underneath your treadmill on a monthly basis to prevent excess build-up of dirt that can get sucked up and get into the inner workings under the motor cover. Every other month, you should remove the motor cover and carefully vacuum out dirt and hair that may accumulate. UNPLUG THE POWER CORD BEFORE THIS TASK.

BELT ADJUSTMENTS

Tread-belt Tension Adjustment - Belt tension is not critical for most users. It is very important, though, for joggers and runners in order to provide a smooth, steady running surface. An adjustment must be made from the rear roller with the M6 L Allen wrench (132) provided in the parts package. The adjustment bolts are located at the end of the step rails, as shown in the diagram below.
Note: Adjustment is through small hole in the end cap.
Tighten the rear roller only enough to prevent slippage at the front roller. Turn the tread-belt tension adjusting bolts 1/4 turn each and inspect for proper tension by walking on the belt and making sure it is not slipping or hesitating with each step. When an adjustment is made to the belt tension, you must be sure to turn the bolts on both sides evenly, or the belt could start tracking to one side instead of running in the middle of the deck.

DO NOT OVERTIGHTEN – Over tightening will cause belt damage and premature bearing failure. If you tighten the belt a lot and it still slips, the problem could actually be the drive belt located under the motor cover - that connects the motor to the front roller. If that belt is loose, it feels similar to the walking belt being loose. Tightening the motor belt should be done by a trained service person.



TREAD-BELT TRACKING ADJUSTMENT

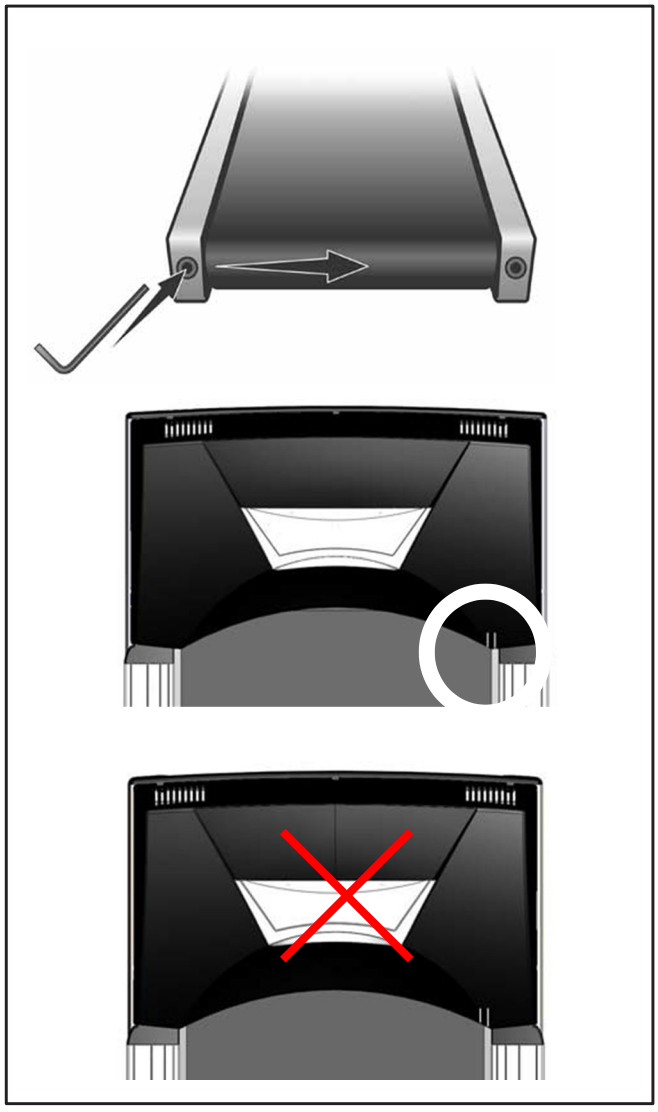
The treadmill is designed so that the tread-belt remains reasonably centred while in use. It is normal for some belts to drift near one side while in use, depending on a user's gait and if they favour one leg. But if, during use, the belt continues to move toward one side, adjustments are necessary.

SETTING TREAD-BELT TRACKING

A 6 mm Allen wrench (104)is provided for this adjustment. Make tracking adjustments on the left side bolt. Set belt speed at 3 mph. Be aware that a small adjustment can make a dramatic difference which may not be apparent right away. If the belt is too close to the left side, then turn the bolt only a 1/4 turn to the right (clockwise) and wait a few minutes for the belt to adjust itself.

Continue to make 1/4 turns until the belt stabilizes in the center of the running deck.

If the belt is too close to the right side, turn the bolt counter-clockwise. The belt may require periodic tracking adjustment depending on use and walking/running characteristics. Some users may affect tracking differently. Expect to make adjustments as required to center the tread belt. Adjustments will become less of a maintenance concern as the belt is used. Proper belt tracking is an owner's responsibility, common with all treadmills.



ATTENTION:
DAMAGE TO THE RUNNING BELT RESULTING FROM IMPROPER TRACKING / TENSION ADJUSTMENTS IS NOT COVERED UNDER THE SOLE WARRANTY.

TREADMILL BELT

The walking belt on your new Sole treadmill is made of the highest quality materials designed to last even under punishing conditions. When a treadmill belt is brand new and has been in the package for a few months before use, a common occurrence can happen; the area of the belt that wraps around the rollers will take on the shape of the roller. Upon starting the treadmill, this shape in the belt causes a thumping sound each time the belt moves past the rollers. Once the treadmill has been used for a few workouts, the belt wears in, and the thumping sound goes away. This noise is normal on new higher-end belts, so there is no need to contact service; the new belt just requires a wear-in period. Thank you for choosing Sole, and enjoy your new treadmill.

BELT/DECK LUBRICATION

First, you want to clean between the belt and deck to remove any debris that may be trapped. Use a clean, non-fraying rag, t-shirt, or light towel. Halfway between the end of the treadmill and the motor cover, shove the garment under the belt until you can grasp it on both sides of the belt. Drag the garment the length of the entire belt 1-2 times. Remove the garment.

Do not lubricate with anything other than Sole Fitness-approved lubricant. Your treadmill comes with one tube of "Lube," and extra tubes can be ordered directly from Sole Fitness or your authorized Sole Fitness dealer. You may also use a Lube-n-Walk kit that can be purchased through both aforementioned sellers.

Keeping the deck lubricated at the recommended intervals ensures the longest life possible for your treadmill. If the lubricant dries out, the friction between the belt and deck rises and places undue stress on the drive motor, drive belt and electronic motor control board, which could result in catastrophic failure of these expensive components. Failure to lubricate the deck at regular intervals may void the warranty.

The belt & deck come pre-lubricated, and subsequent lubrication should be performed every 90 hours of use or if you notice that the deck is dry. It is recommended that you reach between the belt and deck to verify there is lubrication present every other month. If you check and there isn't any lubrication present, follow the procedure below even though the "Lube" indicator isn't lit on the console. Otherwise, lubricate when the console's lubrication reminder lights after 90 hours of use. Use the following procedure to apply the silicone lubricant:

1. Turn the power switch off and unplug the power cord from the wall outlet.
2. Measure 18" from the edge of the motor cover; kneel down and reach under the belt approximately 4- 6" from one edge. Squirt a line of lubricant about 1/8" wide x 15" long in an "S" pattern perpendicular to the motor cover.
3. Repeat the process on the opposite side.
4. Plug the electrical cord back into the outlet and turn the power switch on.
5. Walk on the belt at a moderate speed for five minutes to evenly distribute the silicone lube.

SERVICE CHECKLIST - DIAGNOSIS GUIDE

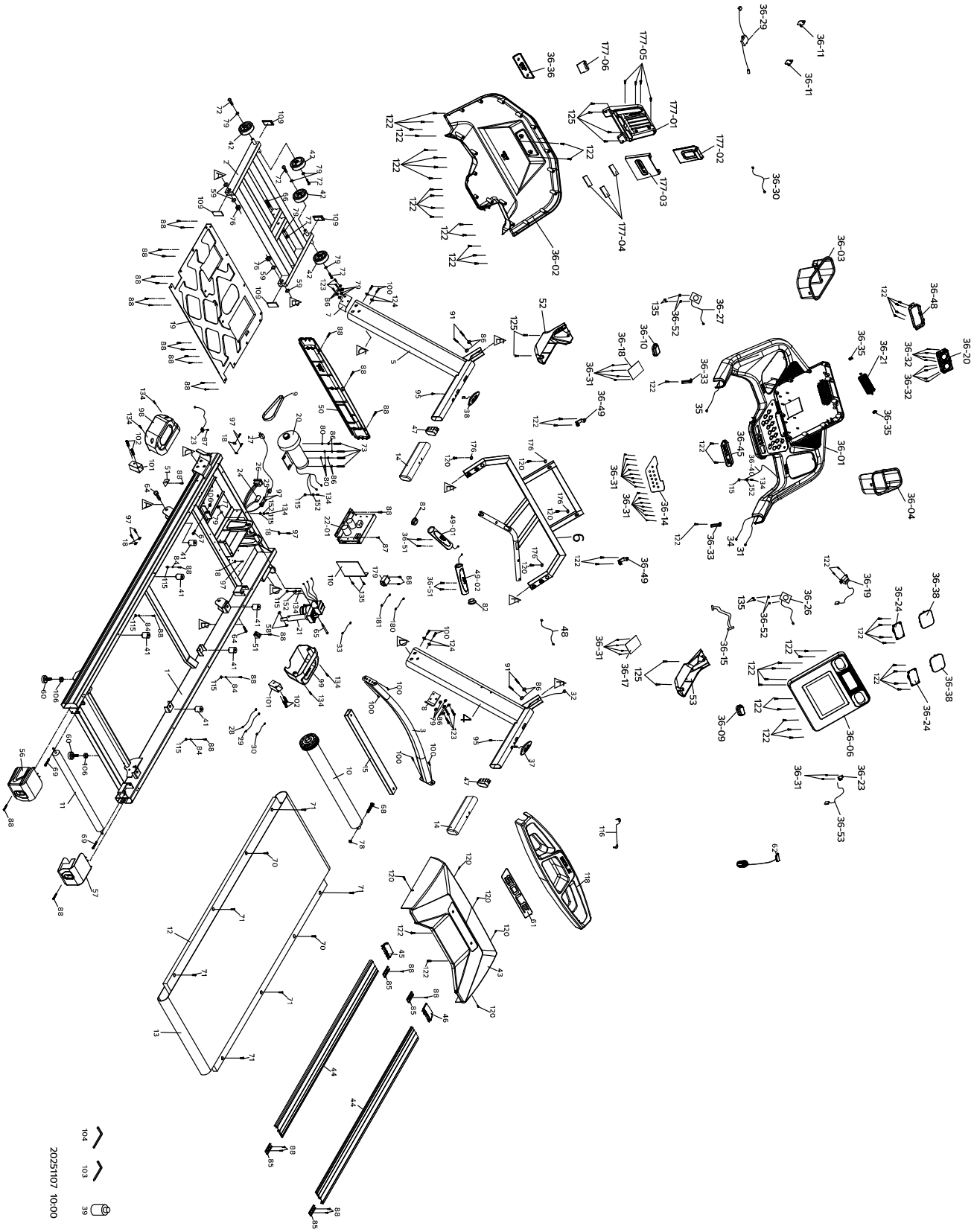
Before contacting your dealer for aid, please review the following information. It may save you both time and expense. This list includes common problems that may not be covered under the treadmill's warranty.

PROBLEM	SOLUTION/CAUSE
Display does not light	1. Circuit breaker on front grill tripped. Push circuit breaker in until it locks. 2. Plug is disconnected. Make sure plug is firmly pushed into AC household wall outlet. 3. Household circuit breaker may be tripped. 4. Treadmill defect. Contact SOLE.
Tread-belt does not stay centred Treadmill belt hesitates when walked/run on	The user may be walking while favouring or putting more weight on either the left or right foot. If this walking pattern is natural, track the belt slightly off-center to the side opposite from the belt movement. See General Maintenance section on Tread-belt Tension. Adjust as necessary.
Motor is not responsive after pressing Start	1. If the belt moves but stops after a short time and the display shows "E1", run calibration. 2. If you press Start and the belt never moves, then the display shows "E1", contact service.
Treadmill will only achieve approximately 7 mph but shows higher speed on display	This indicates motor should be receiving power to operate. Low AC voltage to treadmill. Do not use an extension cord. If an extension cord is required, it should be as short as possible and heavy-duty 16 gauge minimum. Low household voltage. Contact an electrician or your SOLE dealer. A minimum of 110 volt AC current is required.
Tread-belt stops quickly/suddenly when tether cord is pulled	High belt/deck friction. See General Maintenance section on lubrication.
Treadmill trips on board 15 amp circuit	High belt/deck friction. See General Maintenance
Computer shuts off when console is touched (on a cold day) while walking/running	Treadmill may not be grounded. Static electricity is "crashing" the computer. Refer to Grounding Instructions on page 3.
House circuit breaker trips, but not the treadmill circuit breaker	Check that the treadmill is the only object in the circuit. See "Important Electrical Information" in the front of this manual for more details.

ERROR MESSAGES FOR DIGITAL-CONTROL SYSTEM TREADMILLS

ERROR	MEANING	POSSIBLE CAUSE	
Console showing E1	No motor output signal	1. Does motor run after "Start" button is pressed?	OK☐ NG☐
		2. Check if speed sensor is defective.	OK☐ NG☐
		3. Check if the cable connecting the console and controller is connected properly.	OK☐ NG☐
Console showing E2	Over-current protection. Treadmill overloaded, controller protection is activated	1. Check and make sure of proper walking belt alignment. Make sure of periodic lubrication to minimize belt	OK☐ NG☐
		2. Any bearing damage?	OK☐ NG☐
		3. Motor overheated?	OK☐ NG☐
Console showing E3	Incline Error	1. Is the cable between incline motor and controller connected correctly and properly?	OK☐ NG☐
		2. Check if incline mechanism being stock or defective?	
		3. Is VR connected properly or with inter-mittance?	
Console showing E4	Abnormal motor voltage	Motor is not connected properly or even not connected to the controller.	OK☐ NG☐
Console showing E5	Communication disconnected between the console and the controller or communication error.	Check and make sure of proper connection between the console and the controller.	OK☐ NG☐
Console showing E6	Control board failure	Controller component failure (e.g. IGBT).	Change controller ☐
Console showing E7	Abnormal external voltage	Check and make sure of proper voltage input for the treadmill.	OK☐ NG☐

EXPLODED VIEW DIAGRAM



PARTS LIST

Key	Part Description	Q'ty
1	Main Frame	1
2	Incline Bracket	1
3	Handrail Support	1
4	Right Upright	1
5	Left Upright	1
6	Console Support	1
7	Gusset (L)	1
8	Gusset (R)	1
9	Drive Belt	1
10	Front Roller W/Pulley	1
11	Rear Roller	1
12	Running Deck	1
13	Running Belt	1
14	PVC Handgrip	2
15	Deck Cross Brace	1
18	Wire Tie Mount	6
19	Motor Bottom Cover	1
20	Drive Motor	1
21	Incline Motor	1
22-1	Motor Controller	1
23	1200m/m_Sensor W/Cable	1
24	Breaker	1
25	Power Socket	1
26	AC Electronic Module	1
27	Power Cord	1
28	100m/m_Connecting Wire (Black)	1
29	150m/m_Connecting Wire (White)	1
30	150m/m_Connecting Wire (Black)	1
31	800m/m_Computer Cable (Upper)	1
32	1300m/m_Computer Cable (Middle)	1
33	550m/m_Computer Cable	1
34	800m/m_Speed Adjustment Switch W/Cable	1
35	900m/m_Incline/Hand Pulse Complex	1
36	Console Assembly	1
37	300m/m_Speed Adjustment Switch W/Cable	1
38	300m/m_Incline Adjustment Switch W/Cable	1
39	Lubricant	1
41	Cushion	6
42	Transportation Wheel	4
43	Motor Top Cover	1
44	Aluminum Foot Rail	2
45	Foot Rail Cap (L)	1
46	Foot Rail Cap (R)	1

Key	Part Description	Q'ty
47	Handgrip End Cap	2
48	400m/m_Handpulse Wire	1
49-1	400m/m_Handpulse W/Cable Assembly(L)	1
49-2	400m/m_Handpulse W/Cable Assembly(R)	1
50	Front Motor Cover	1
51	Motor Cover Anchor(D)	2
52	Console Mast Cover-L	1
53	Console Mast Cover-R	1
56	Rear Adjustment Base (L)	1
57	Rear Adjustment Base (R)	1
58	Ø24 × Ø10 × 3T_Nylon Washer (A)	2
59	Ø50 × Ø13 × 3T_Nylon Washer (B)	4
60	Adjustment Foot Pad	2
61	Top Motor Cover Plate	1
62	Trapezoidal Safety Key	1
64	1/2" × 57m/m_Hex Head Bolt	2
65	3/8" × 5-1/2"_Socket Head Cap Bolt	1
66	3/8" × 4"_Socket Head Cap Bolt	1
67	3/8" × 1-3/4"_Hex Head Bolt	1
68	M8 × 60m/m_Hex Head Bolt	1
69	M8 × 80m/m_Socket Head Cap Bolt	2
70	M8 × 55m/m_Flat Head Countersink Bolt	2
71	M8 × 35m/m_Flat Head Countersink Bolt	6
72	3/8" × 3/4"_Button Head Socket Bolt	4
73	3/8" × 1-1/4"_Hex Head Bolt	4
76	1/2" × 15T_Nylon Nut	2
77	3/8" × 7T_Nylon Nut	2
78	M8 × 7T_Nylon Nut	1
79	Ø3/8"× Ø19 × 1.5T_Flat Washer	12
80	Ø3/8" × Ø25 × 2.0T_Flat Washer	4
82	Handpulse End Cap	2
84	Ø6 × Ø23 × Ø13 × 5.5T × 3T_Nylon Dished	4
85	Ø5.5 × 27 × 60 × 1.5T× 3.5H_Concave Washer	4
86	Ø10 × 1.5T_Split Washer	14
87	5 × 19m/m_Tapping Screw	2
88	Ø5 × 16m/m_Tapping Screw	34
91	3/8" × 1-3/4"_Button Head Socket Bolt	4
95	Ø4 × 50m/m_Flat Head Socket Bolt	2
97	3.5 × 16m/m_Tapping Screw	8
98	Frame Base Cover (L)	1
99	Frame Base Cover (R)	1
100	5/16" × 3/4"_Button Head Socket Bolt	8
101	Fixing Plate Stabilizer	2
102	3/8" × 2-1/4"_Flat Head Socket Bolt	4
103	Allen Wrench Head Screw Wrench	1

Key	Part Description	Q'ty
104	M6_L Allen Wrench	1
106	3/8" × 7T_Nut	3
109	Square End Cap	4
110	Controller Back Plate	1
115	M5_Star Washer	8
116	400m/m_Audio Cable	1
118	Beverage Holder	1
120	5 × 16m/m_Tapping Screw	9
122	3.5 × 12m/m_Sheet Metal Screw	54
123	3/8" × 2-1/2"_Button Head Socket Bolt	6
124	Ø8 × 23 × 1.5T_Curved Washer	4
125	3.5 × 16m/m_Sheet Metal Screw	8
134	M5 × 10m/m_Phillips Head Screw	8
135	3 × 8m/m_Sheet Metal Screw	6
152	Ø5 × 1.5T_Split Washer	4
176	Ø1/4" × 19 × 1.5T_Flat Washer	4
177	PAD	1
179	Filter	1
180	200m/m_Connecting Wire (White)	1
181	200m/m_Connecting Wire (Black)	1

MANUFACTURER'S LIMITED WARRANTY

TREADMILL WARRANTY

Dyaco Canada Inc. warrants all its Sole treadmills' parts, for a period of time listed below, from the date of retail sale, as determined by sale receipt. Dyaco Canada Inc.'s responsibilities include providing new or remanufactured parts, at Dyaco Canada Inc.'s option, and technical support to our independent dealers and servicing organizations. In the absence of a dealer or service organization, these warranties will be administered by Dyaco Canada Inc. directly to a consumer. The warranty period applies to the following components:

Frame Weldments	Lifetime
Drive Motor	Lifetime
Deck	Lifetime
All Other Components	5 Years
Labour	2 Years
Cosmetic Items*	90 Days

* Cosmetic items including, but not limited to the following: grips, console overlays, and labels/decals.

NORMAL RESPONSIBILITIES OF THE CONSUMER

This warranty applies only to products in ordinary household use, and the consumer is responsible for the items listed below:

1. The warranty registration can be completed online: Go to www.dyaco.ca/warranty.html and complete the online warranty registration.
2. Proper use of the treadmill in accordance with the instructions provided in this manual, including belt tracking.
3. Proper installation in accordance with instructions provided with the treadmill and with all local electric codes.
4. Proper connection to a grounded power supply of sufficient voltage, replacement of blown fuses, repair of loose connections or defects in house wiring.
5. Expenses for making the treadmill accessible for servicing, including any item that was not part of the treadmill at the time it was shipped from the factory.
6. Damages to the treadmill finish during shipping, installation or following installation.
7. Routine maintenance of this unit as specified in this manual.

EXCLUSIONS

This warranty does not cover the following:

1. CONSEQUENTIAL, COLLATERAL, OR INCIDENTAL DAMAGES SUCH AS PROPERTY DAMAGE AND INCIDENTAL EXPENSES RESULTING FROM ANY BREACH OF THIS WRITTEN OR ANY IMPLIED WARRANTY.
   Note: Some areas do not allow the exclusion or limitation of incidental or consequential damages, so this limitation or exclusion may not apply to you.
2. Service call reimbursement to the consumer. Service call reimbursement to the dealer that does not involve malfunction or defects in
   workmanship or material, for units that are beyond the warranty period, for units that are beyond the service call reimbursement period, for treadmills not requiring component replacement or treadmills not in ordinary household use.
3. Damages caused by services performed by persons other than authorized Dyaco Canada Inc. service companies; use of parts other than original Dyaco Canada Inc. parts; or external causes such as corrosion, discoloration of paint or plastic, alterations, modifications, abuse, misuse, accident, improper maintenance, inadequate power supply, or acts of God.
4. Products with original serial numbers that have been removed or altered.
5. Products that have been: sold, transferred, bartered, or given to a third party.
6. Products that do not have a warranty registration card on file at Dyaco Canada Inc. Dyaco Canada Inc. reserves the right to request proof of purchase if no warranty record exists for the product.
7. THIS WARRANTY IS EXPRESSLY IN LIEU OF ALL OTHER WARRANTIES EXPRESSED OR IMPLIED, INCLUDING THE WARRANTIES OF MERCHANTABILITY AND/OR FITNESS FOR A PARTICULAR PURPOSE.
8. Product use in any environment other than a residential setting.
9. Warranties outside of North America may vary. Please contact your local dealer for details.

SERVICE

Keep your bill of sale. The labour period is twenty-four (24) months from the date on the bill of sale. If service is performed, it is in your best interest to obtain and keep all receipts. This written warranty gives you specific legal rights. You may also have other rights that vary in different areas. Service under this warranty must be obtained by following these steps, in order:

1. Contact your selling authorized SOLE dealer.
2. If you have any questions about your new product or questions about the warranty, contact Dyaco Canada Inc. at 1-888-707-1880.
3. If no local service is available, Dyaco Canada Inc. will repair the parts, at Dyaco Canada Inc.'s option, within the warranty period at no charge for parts. All transportation costs, both to our factory and upon return to the owner, are the responsibility of the owner. The owner is responsible for adequate packaging upon return to Dyaco Canada Inc. Dyaco Canada Inc. is not responsible for damages that occur during shipping. Make all freight damage claims with the appropriate freight carrier. DO NOT SHIP ANY UNIT TO OUR FACTORY WITHOUT A RETURN AUTHORIZATION NUMBER. All units arriving without a return authorization number will be refused.
4. For any further information, or to contact our service department by mail, send your correspondence to:
   Dyaco Canada Inc.
   5955 Don Murie Street
   Niagara Falls, ON
   L2G 0A9

Product features or specifications as described or illustrated are subject to change without notice. All warranties are made by Dyaco Canada Inc.

Please visit us online for information about our other brands and products manufactured and distributed by Dyaco Canada Inc.

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spiritfitness.ca

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For more information, please contact Dyaco Canada Inc.
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